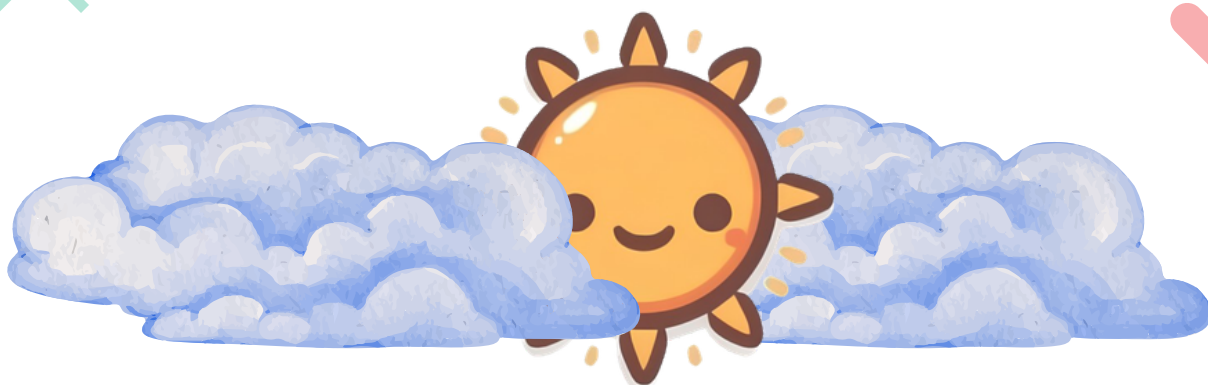
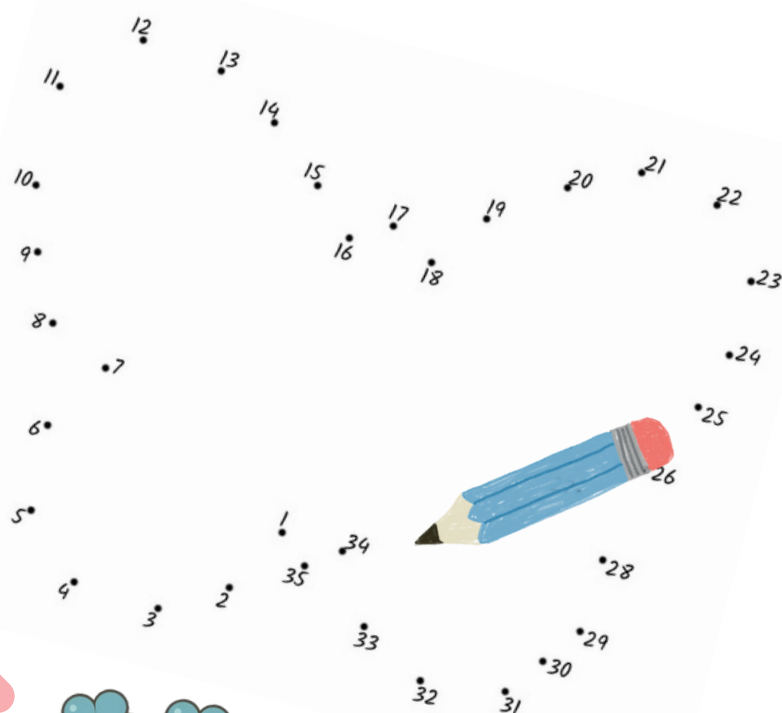




Spring Dot-to-Dot Activities for Kids

Fine Motor + Emotional Skills
Ages (4-6)

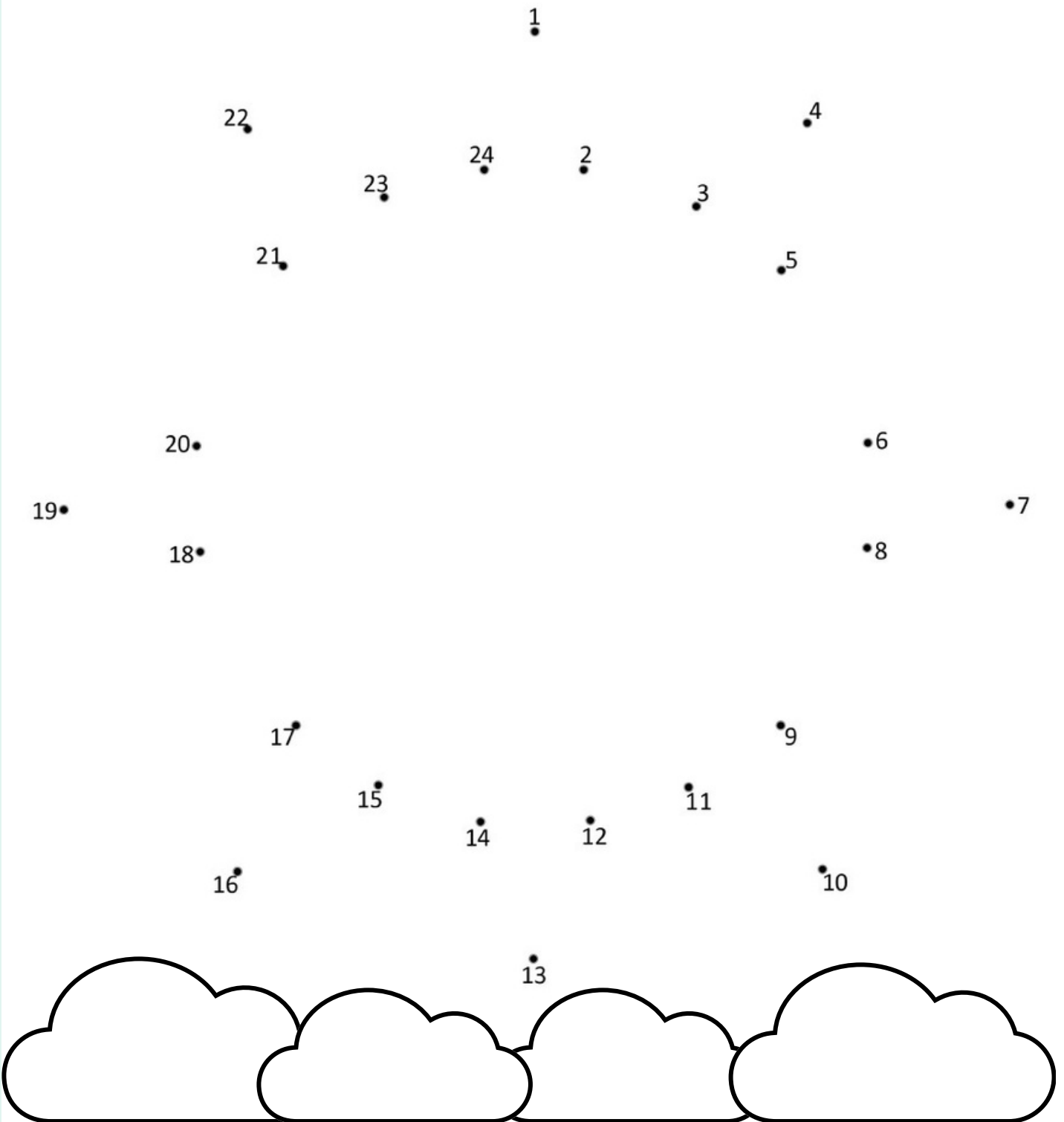
**FREE
PRINTABLE**





Happy Sun

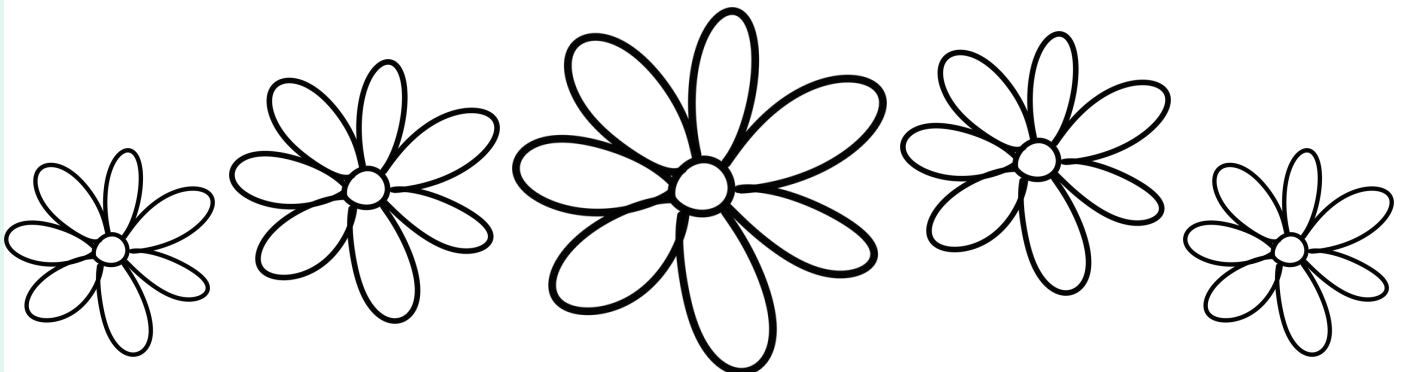
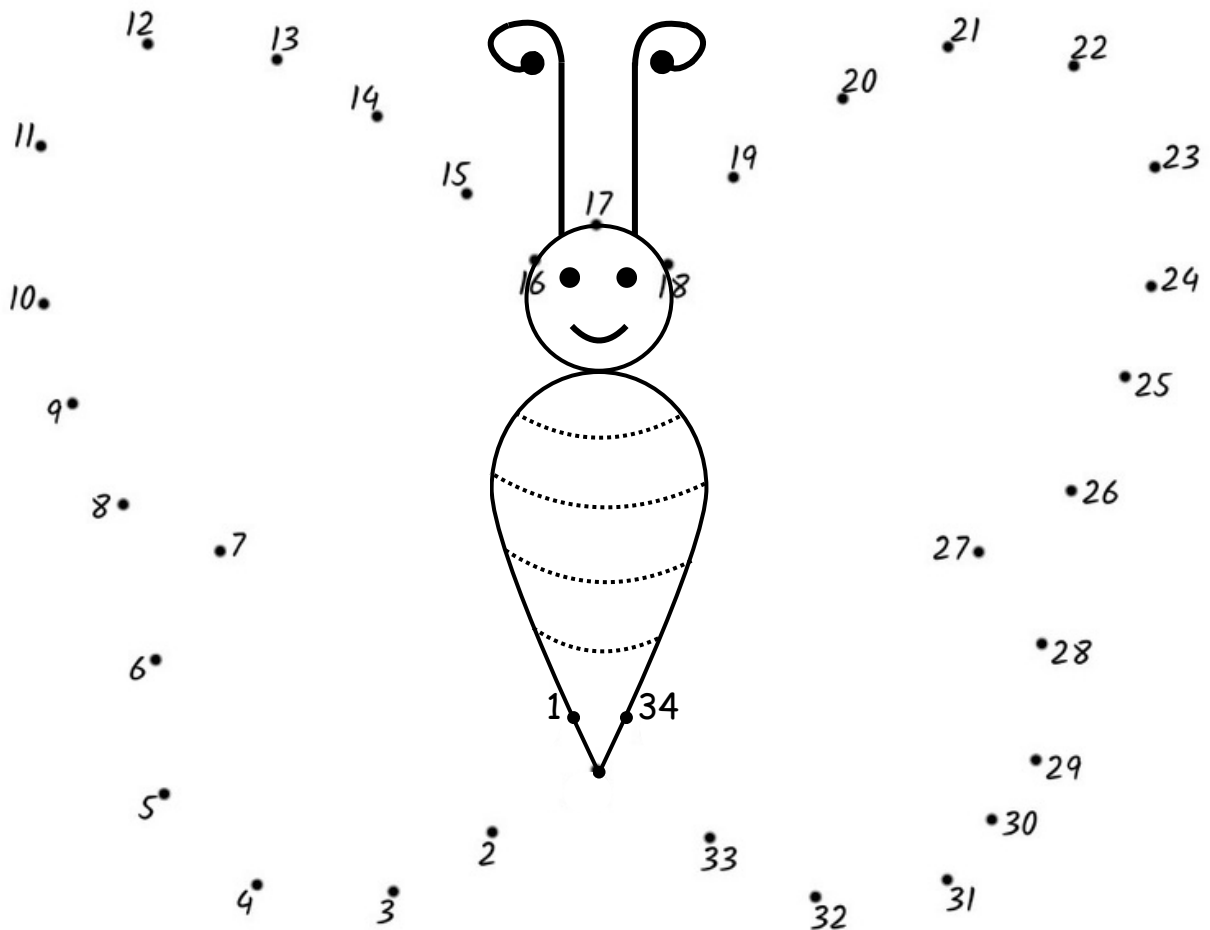
Follow the sun's rays and think of something that makes you smile.





Calm Butterfly

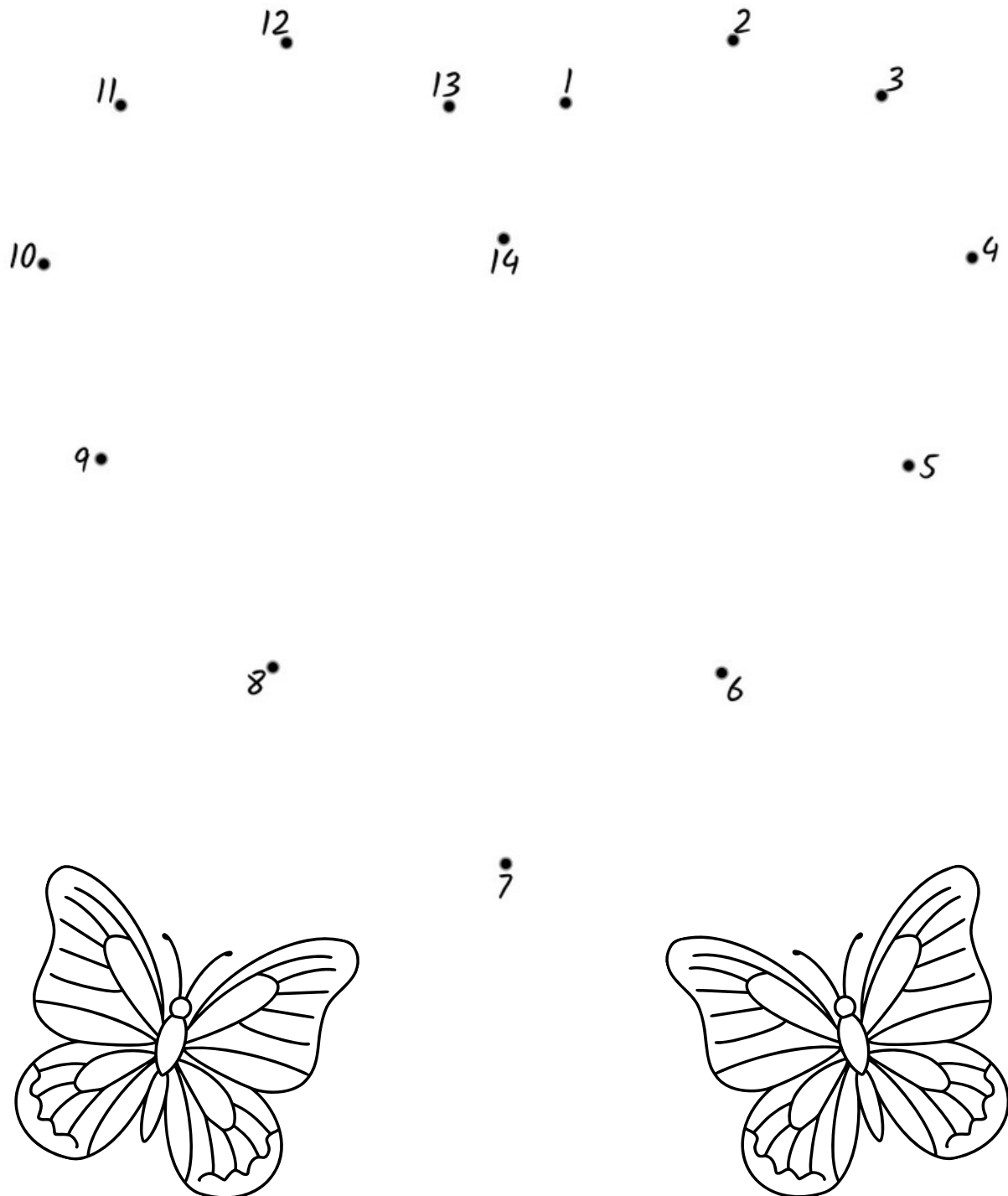
Move like a butterfly—slow and gentle—while you trace the dots.





Loving Heart

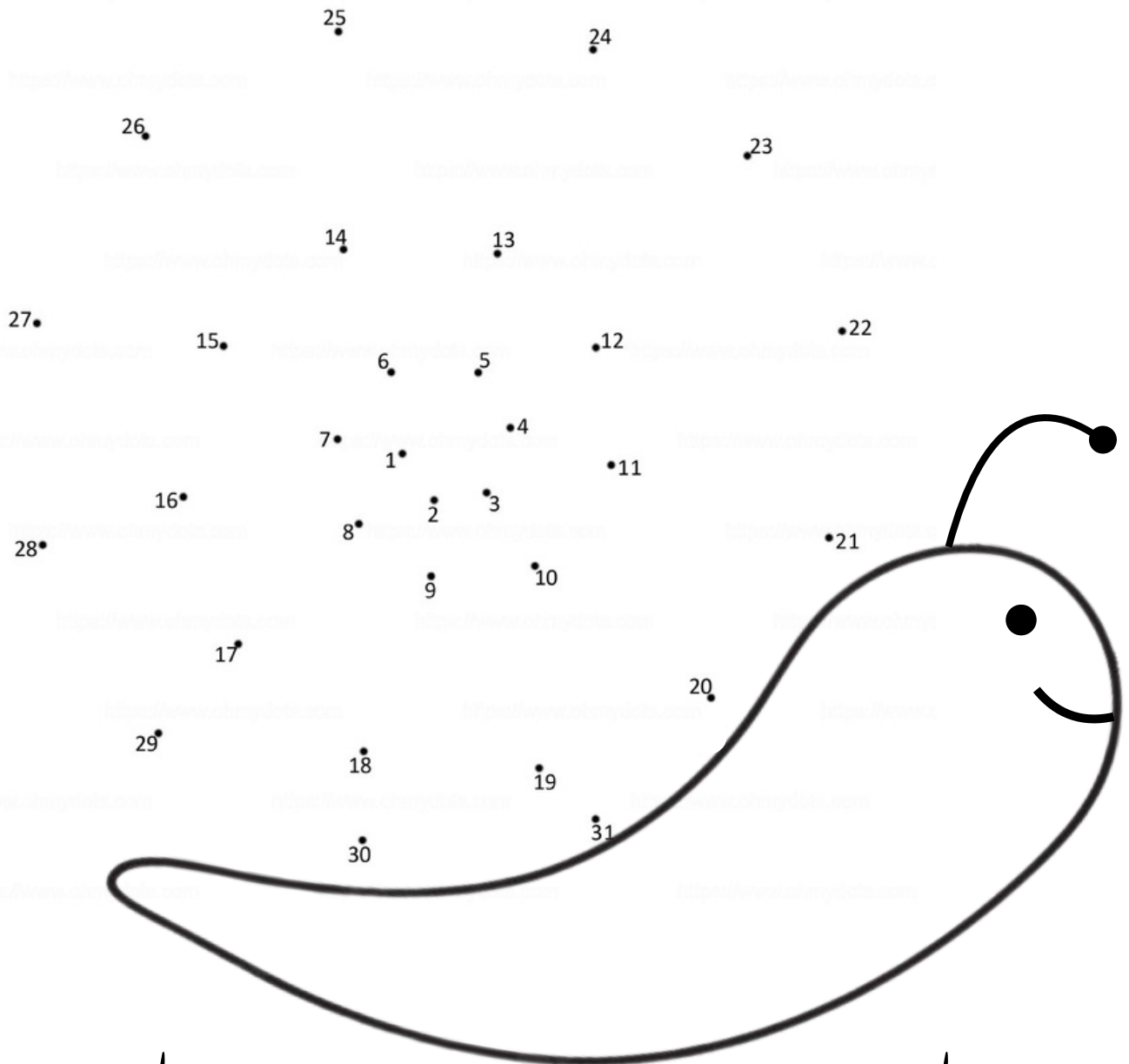
Trace the heart and think of someone you love.





Curious Snail

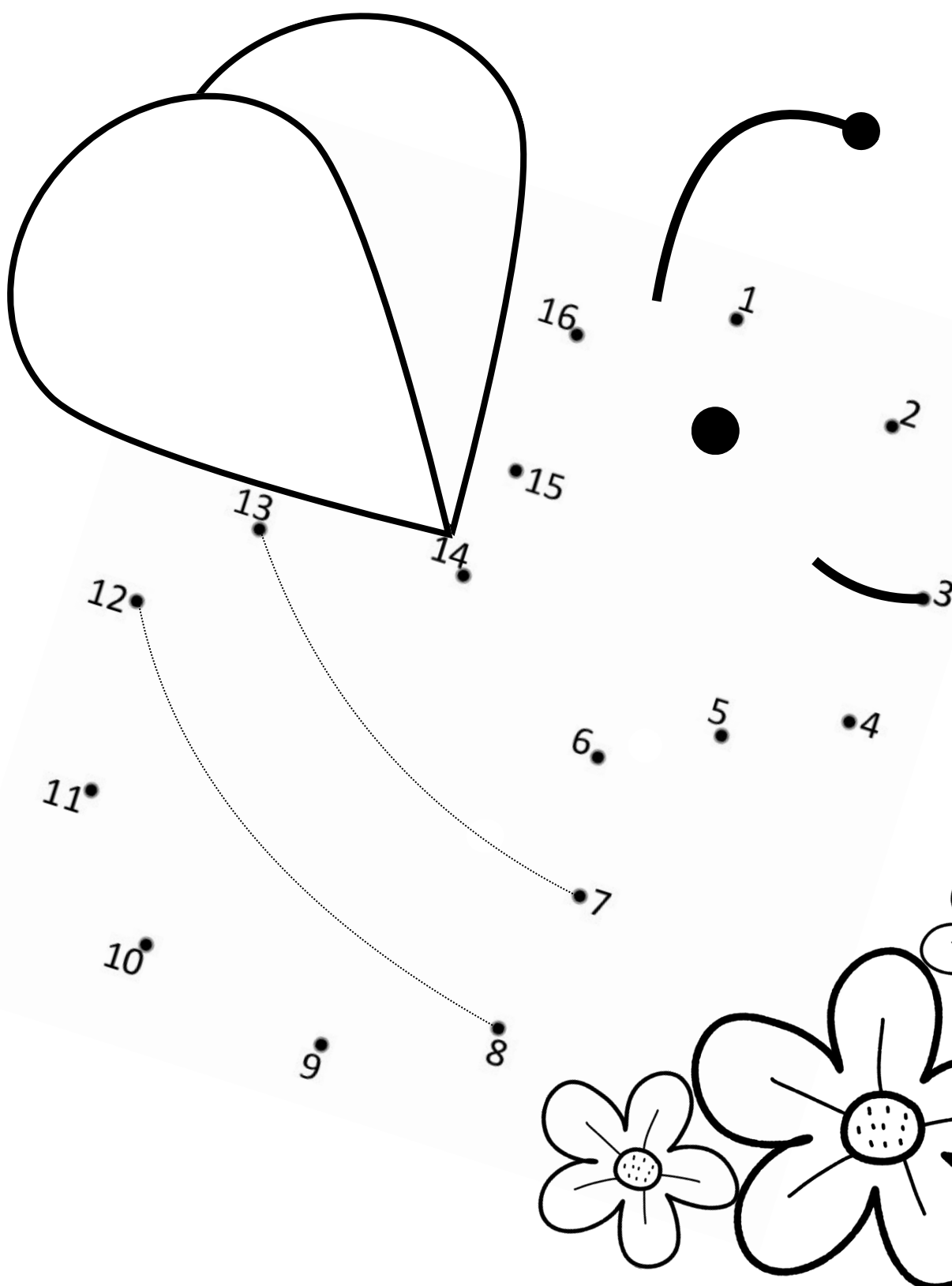
Go slowly like a snail and see what appears.





Brave Bee

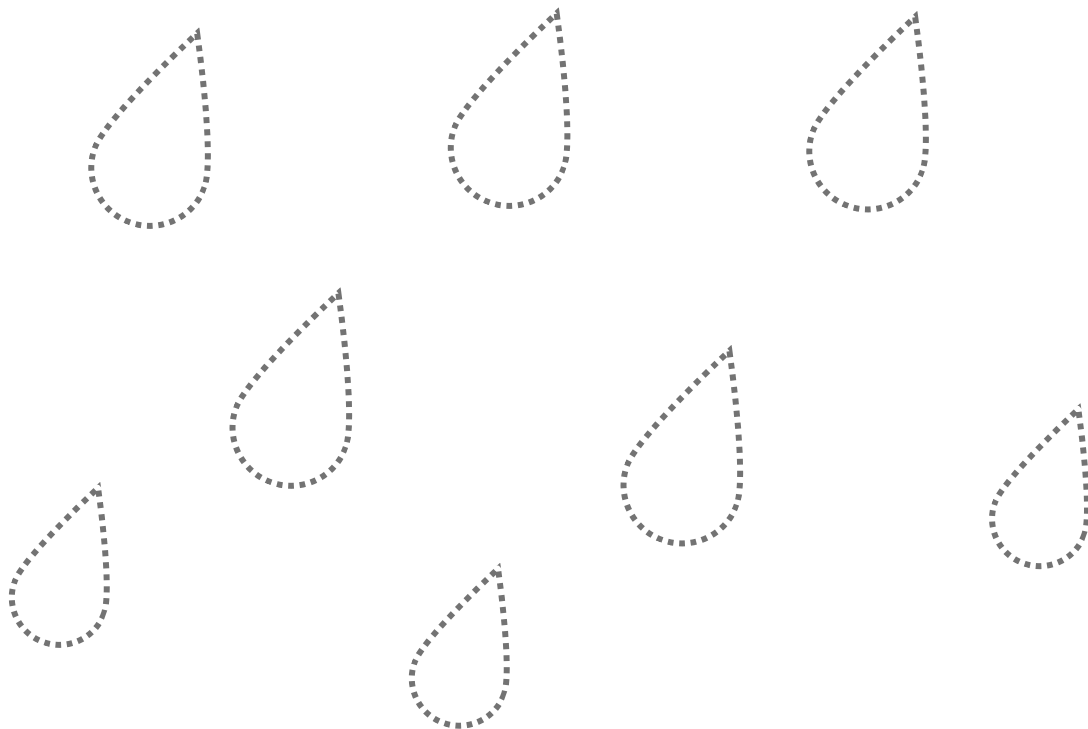
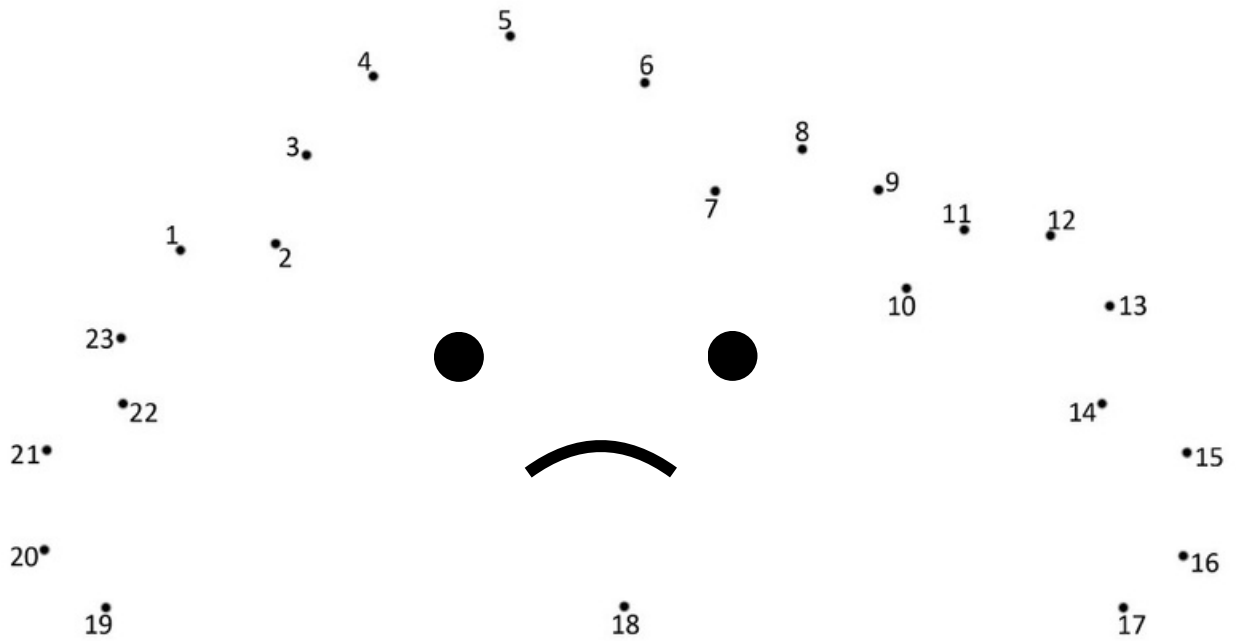
Be brave like a busy bee and keep going, one dot at a time.





Sad Cloud

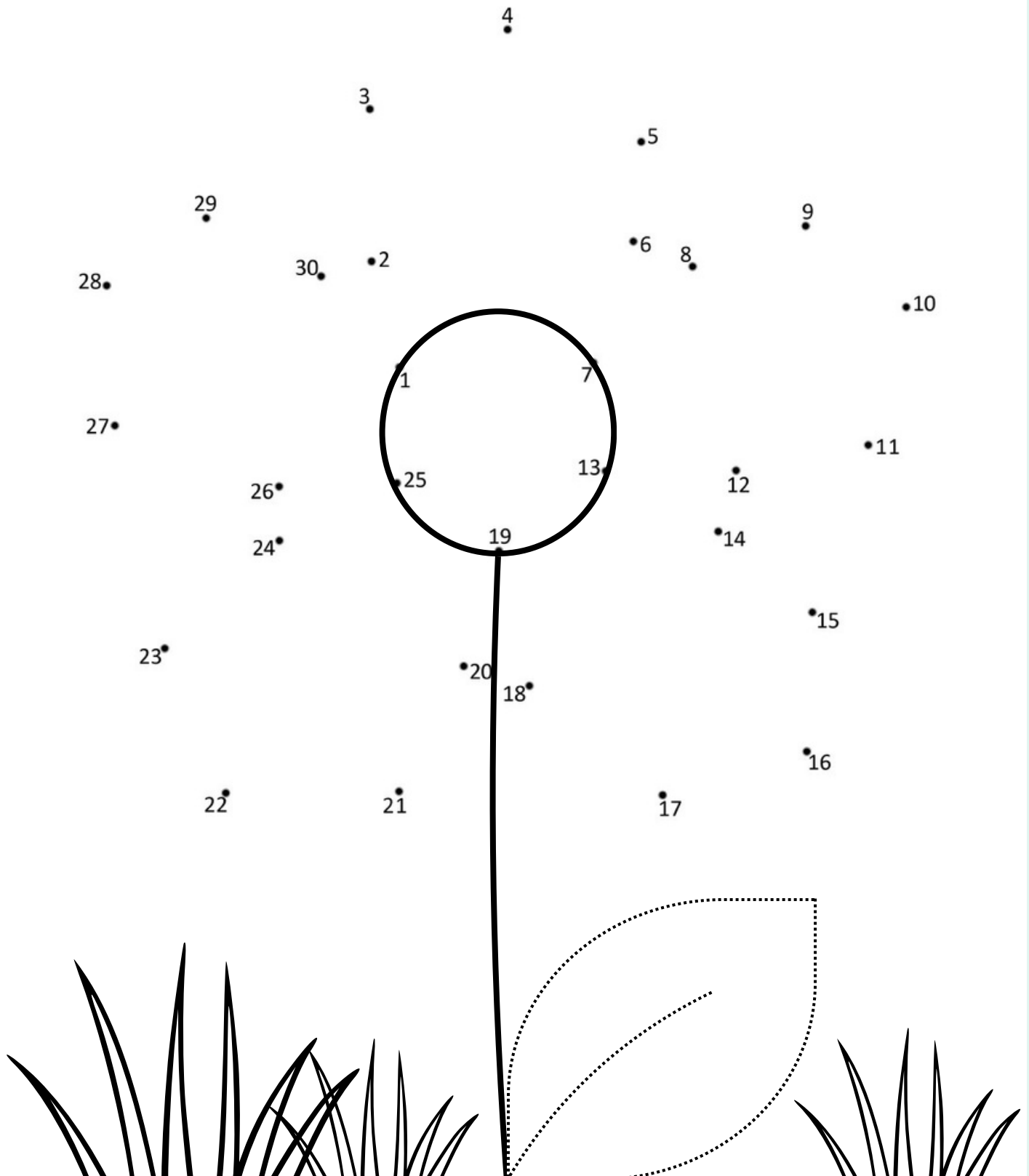
Trace the raindrops and take a slow, gentle breath.





Hopeful Flower

Like a flower growing, keep going one dot at a time.





Proud Star

You did it—shine like a star and smile at your work.

1.

9.

10.

2.

3.

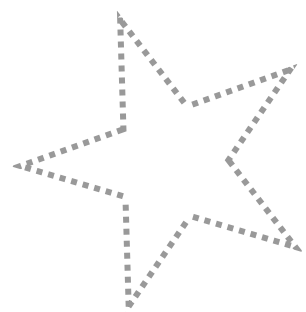
8.

4.

6.

7.

5.



More Seasonal Activities

Coming Soon

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Each set includes new emotions and simple practices.



Summer Edition



Autumn Edition



Winter Edition



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With love,

Veronika Mack

School Psychologist



Summer Dot-to-Dot Activities for Kids

Fine Motor + Emotional Skills
Ages (4-6)

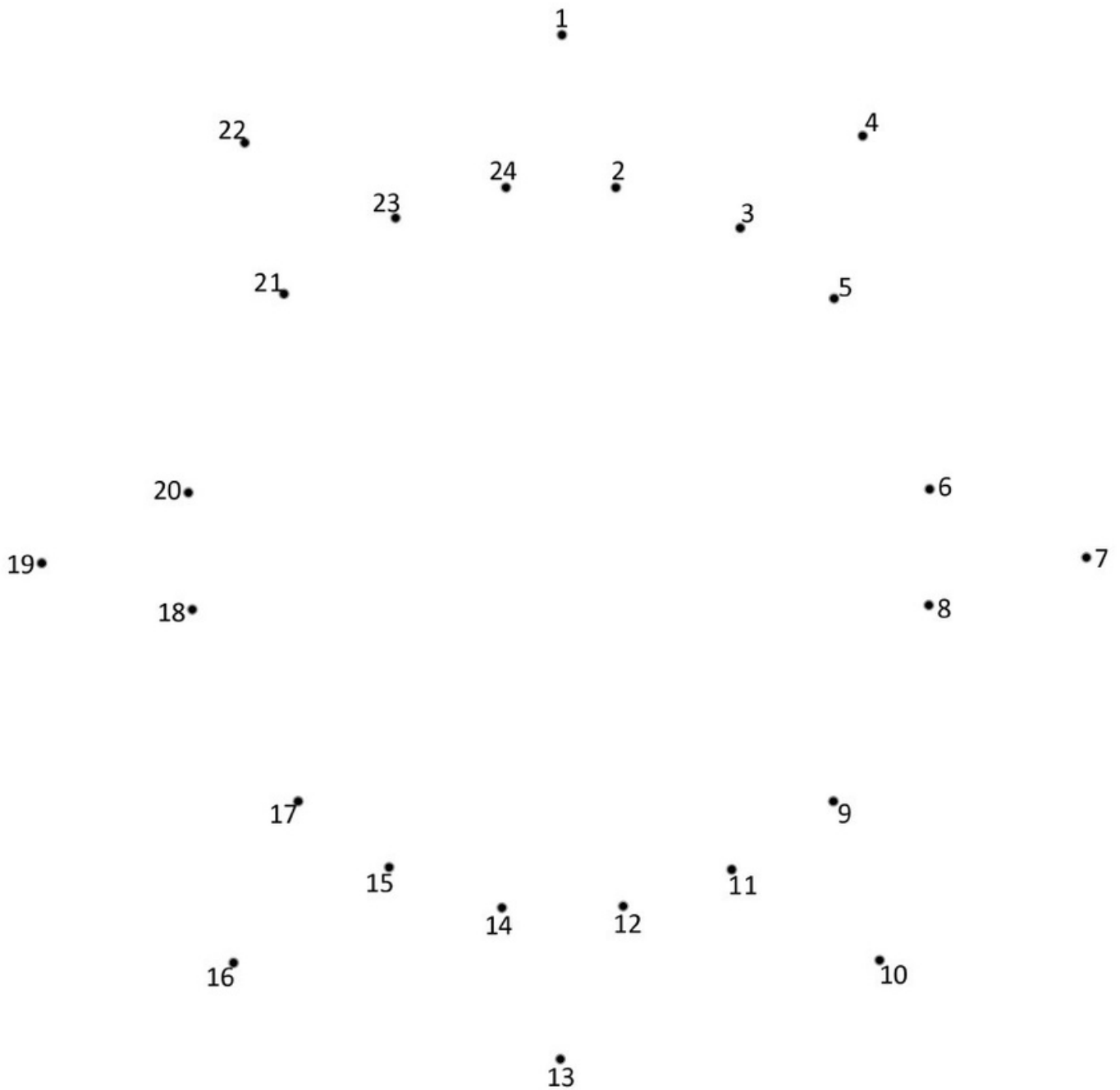
**FREE
PRINTABLE**



Happy Sun



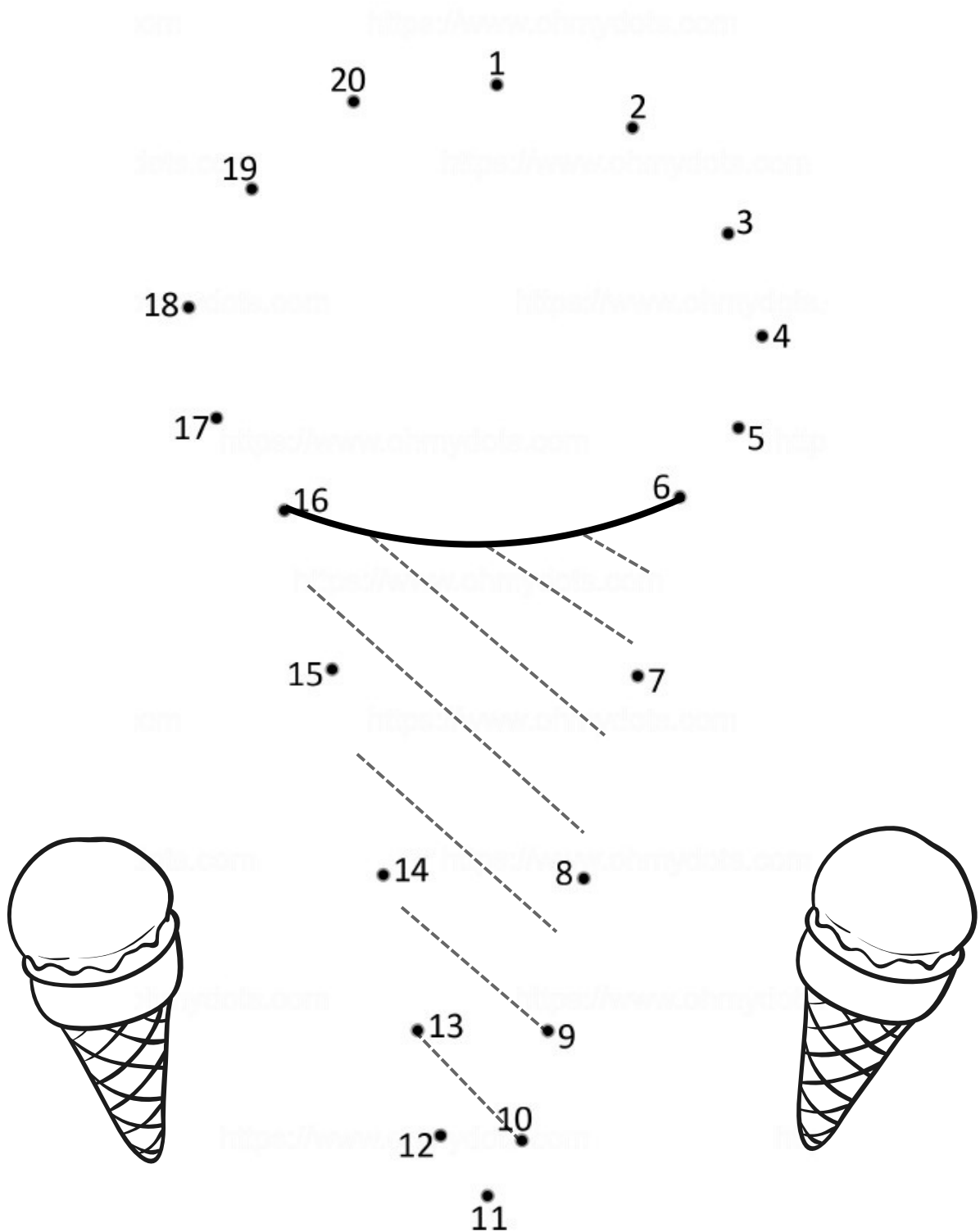
Follow the sun's rays and think of something that makes you smile.





Calm Ice Cream

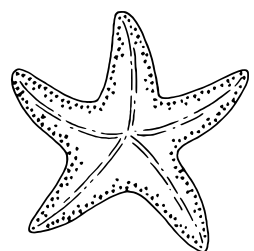
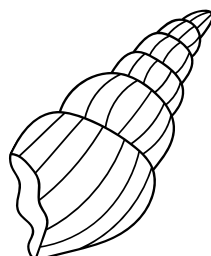
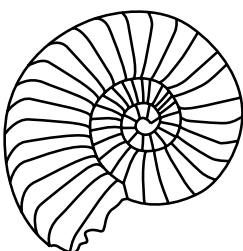
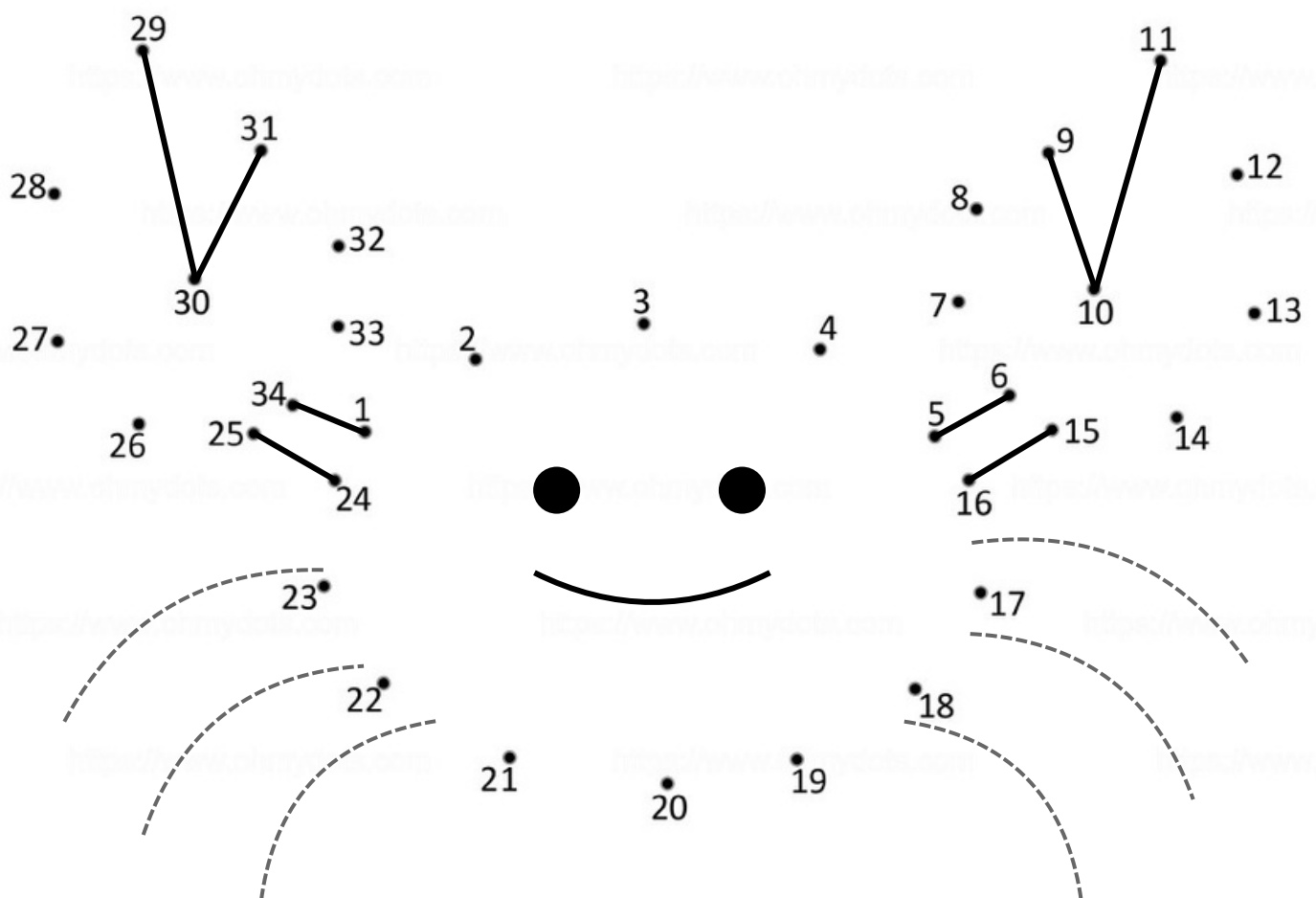
Trace the dots like melting ice cream on a warm summer day—
slow, smooth, and calm.



Curious Crab



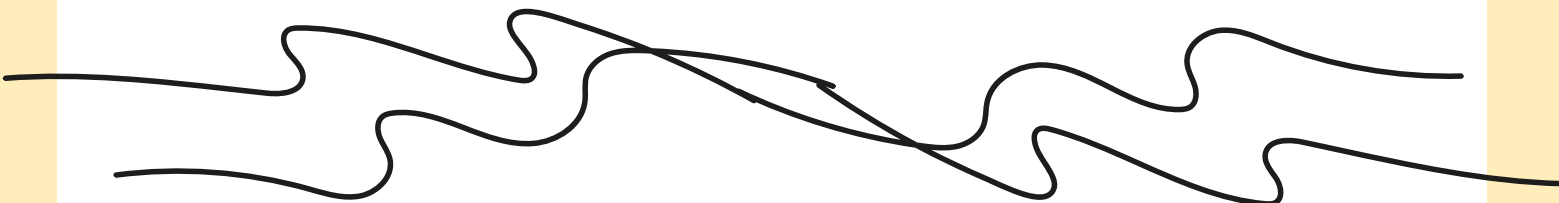
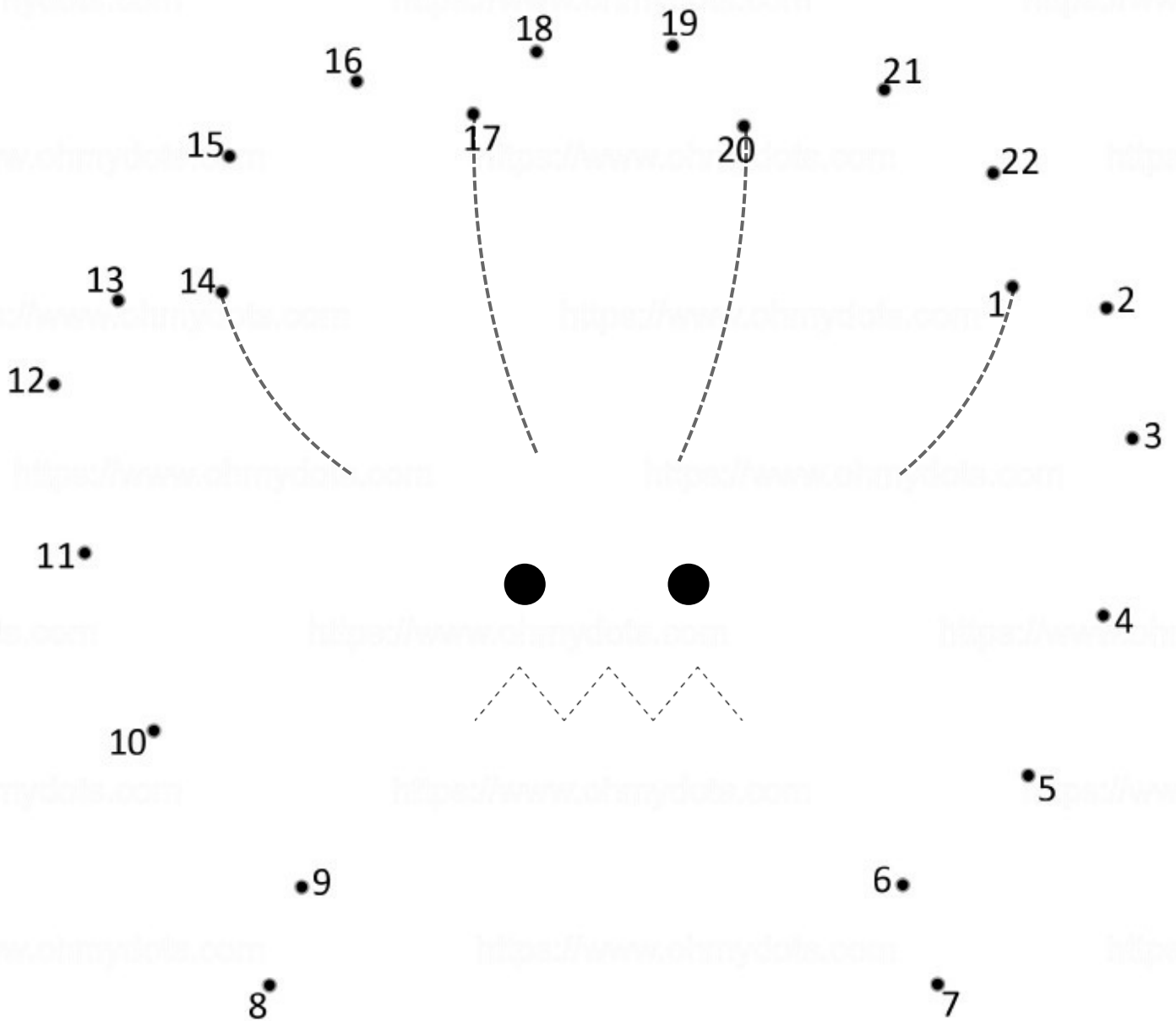
Trace the crab and think about something you would love to explore or discover.





Scared Clam

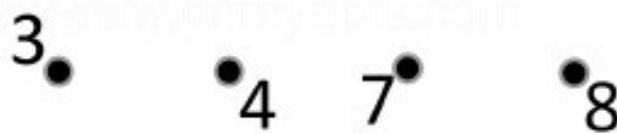
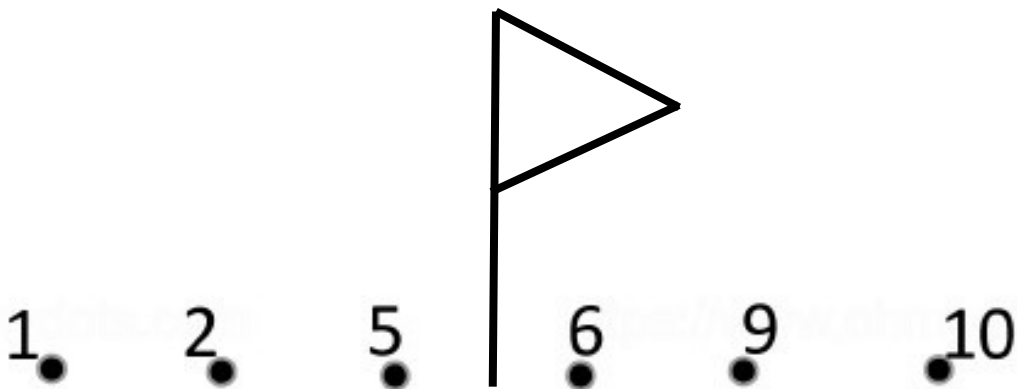
Trace the clam and think about a moment when you felt a little scared.



Safe Sandcastle



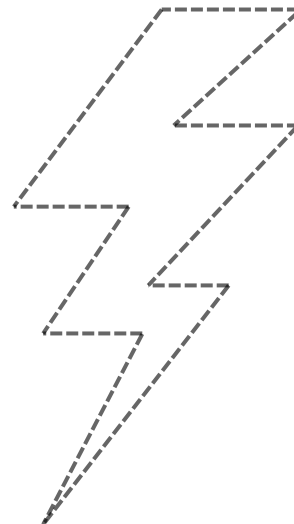
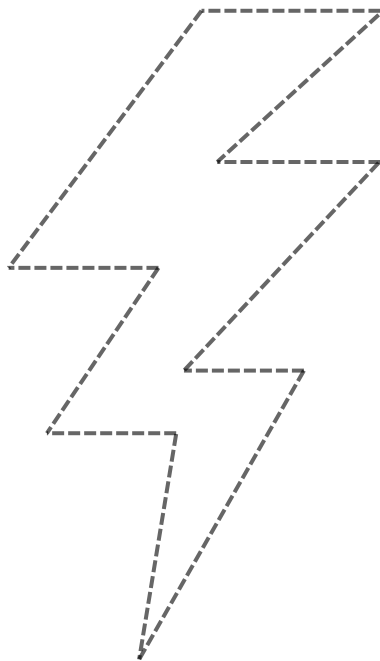
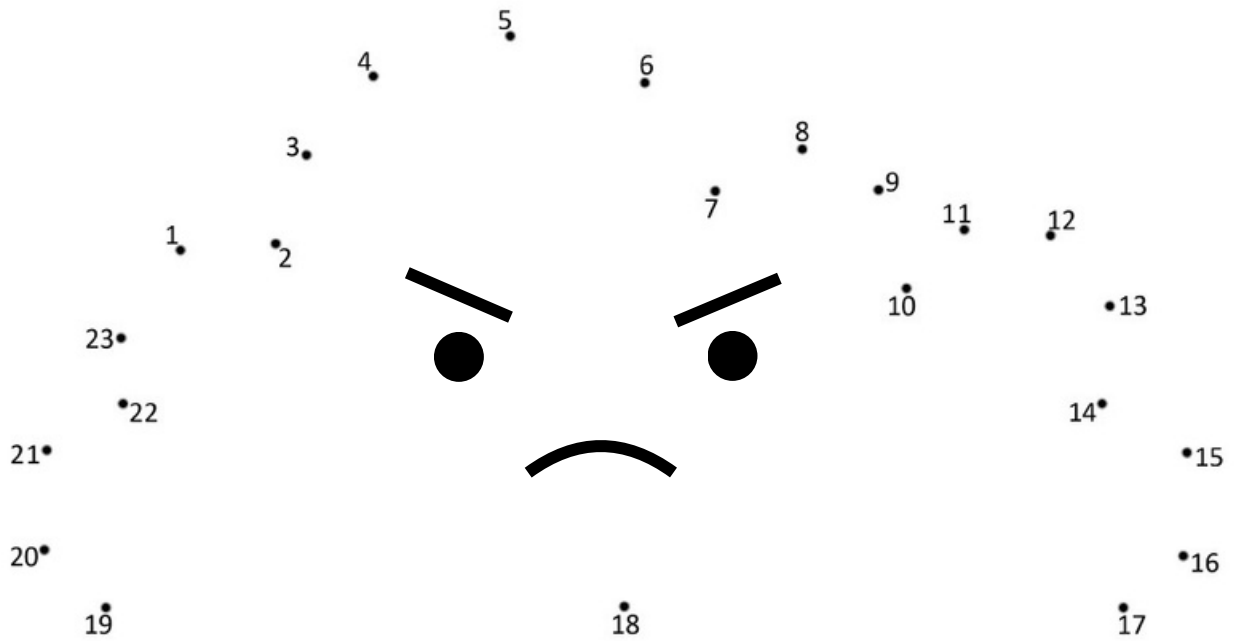
Trace the sandcastle and think about the people and places that help you feel safe and protected.



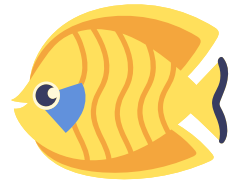


Angry Cloud

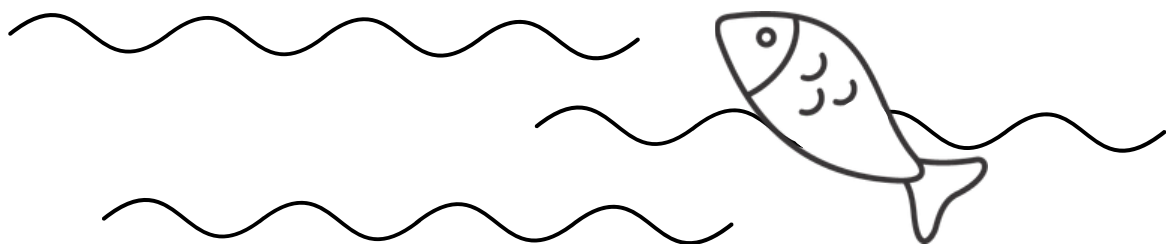
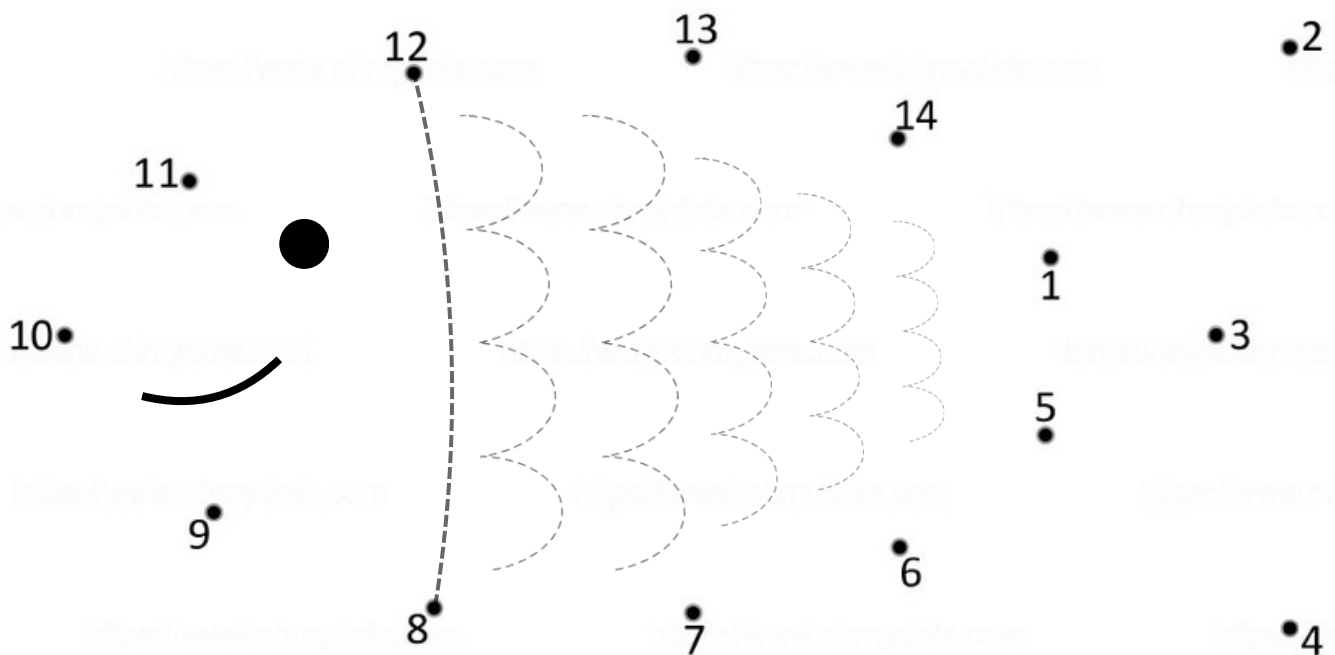
Trace the cloud and think about what helps your angry feelings slowly drift away.



Confident Fish



Trace the fish and think about something brave or confident you did today.





Proud Star

You did it—shine like a star and smile at your work.

1.

9.

10.

2.

3.

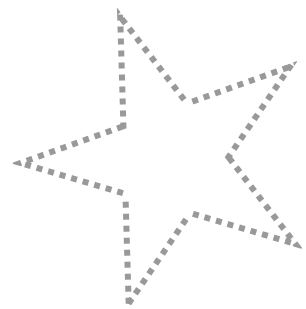
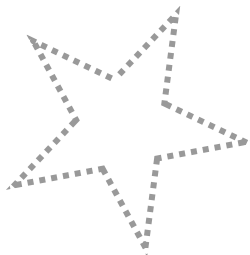
8.

4.

6.

7.

5.



More Seasonal Activities

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Spring Edition



Autumn Edition



Winter Edition



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With love,

Veronika Mack

School Psychologist



Autumn Dot-to-Dot Activities for Kids

Fine Motor + Emotional Skills

Ages (4-6)

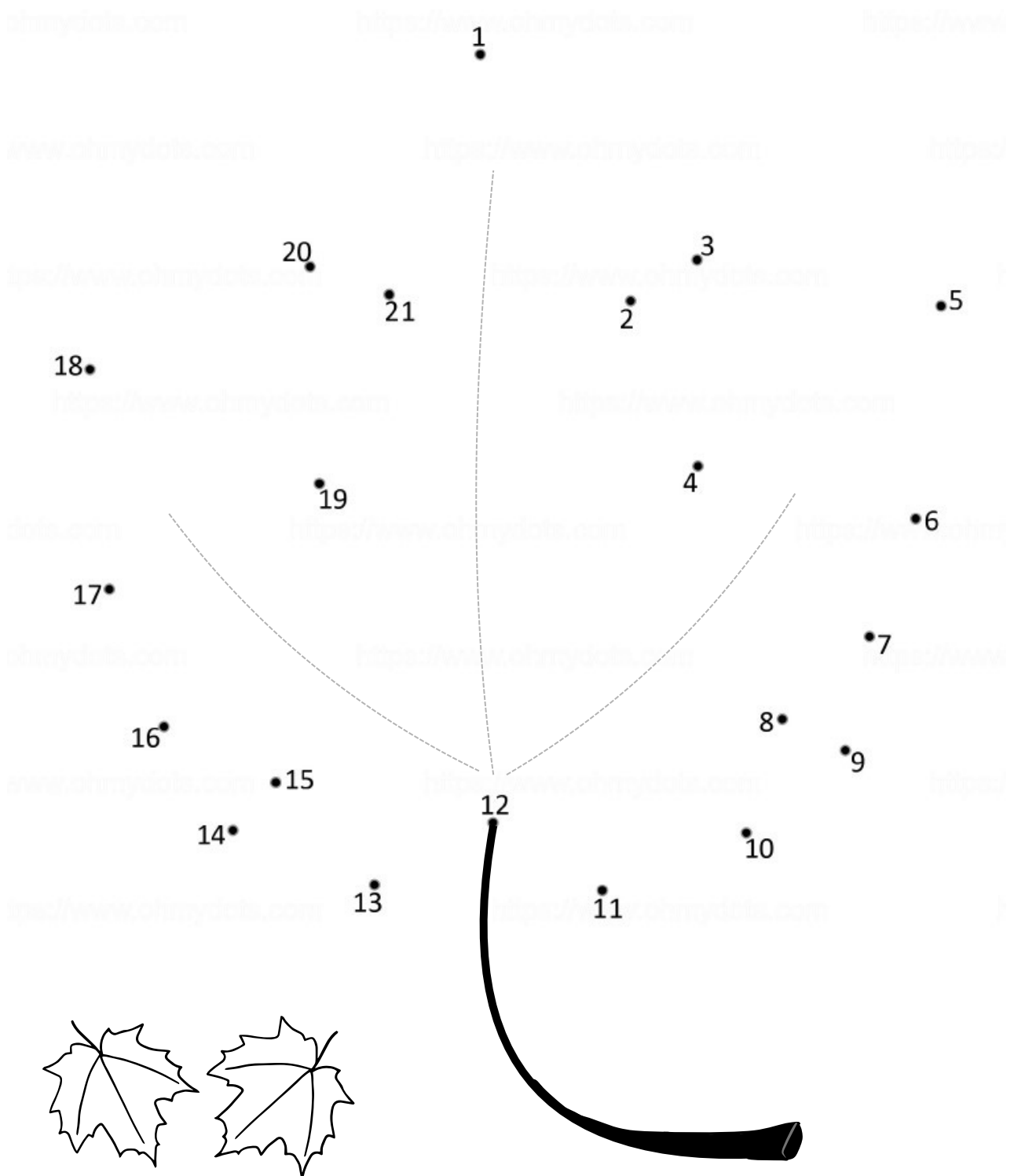
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Calm Leaf



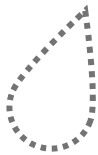
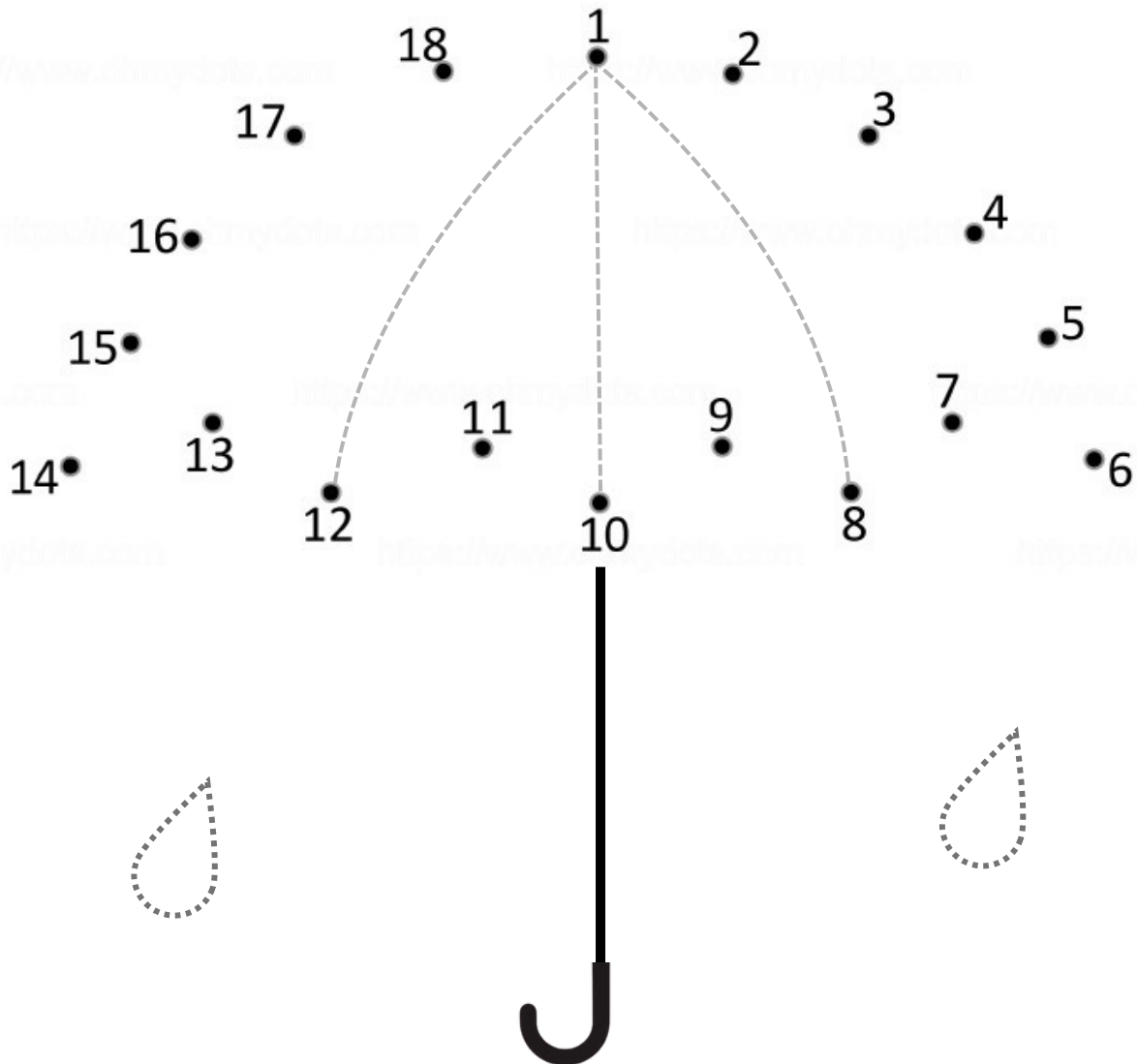
Follow the leaf's path and think of a moment that makes you feel calm.





Sad Umbrella

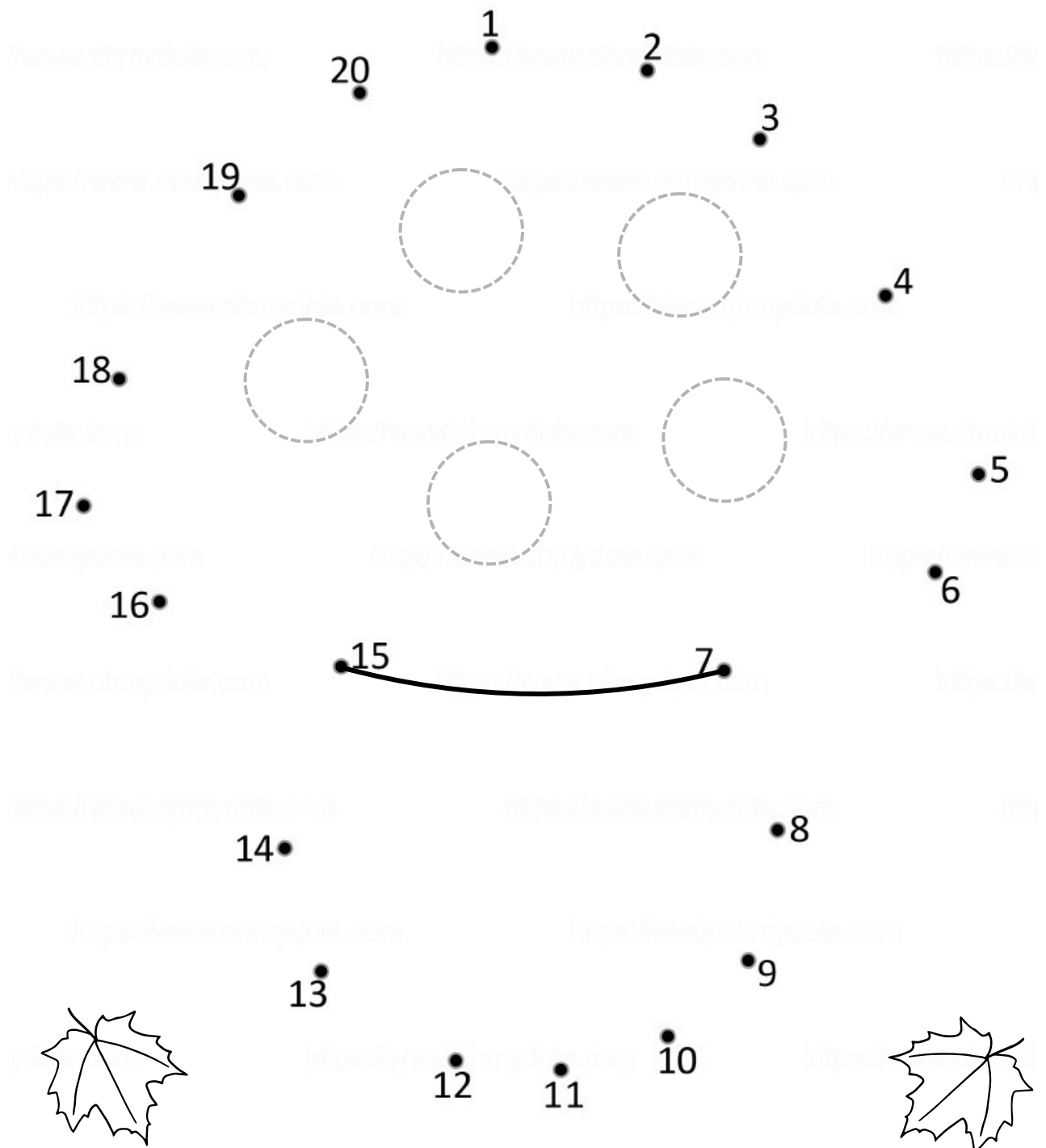
Trace the dots and think about a time you felt sad.

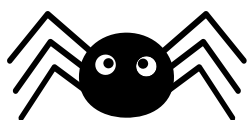


Bored Mushroom



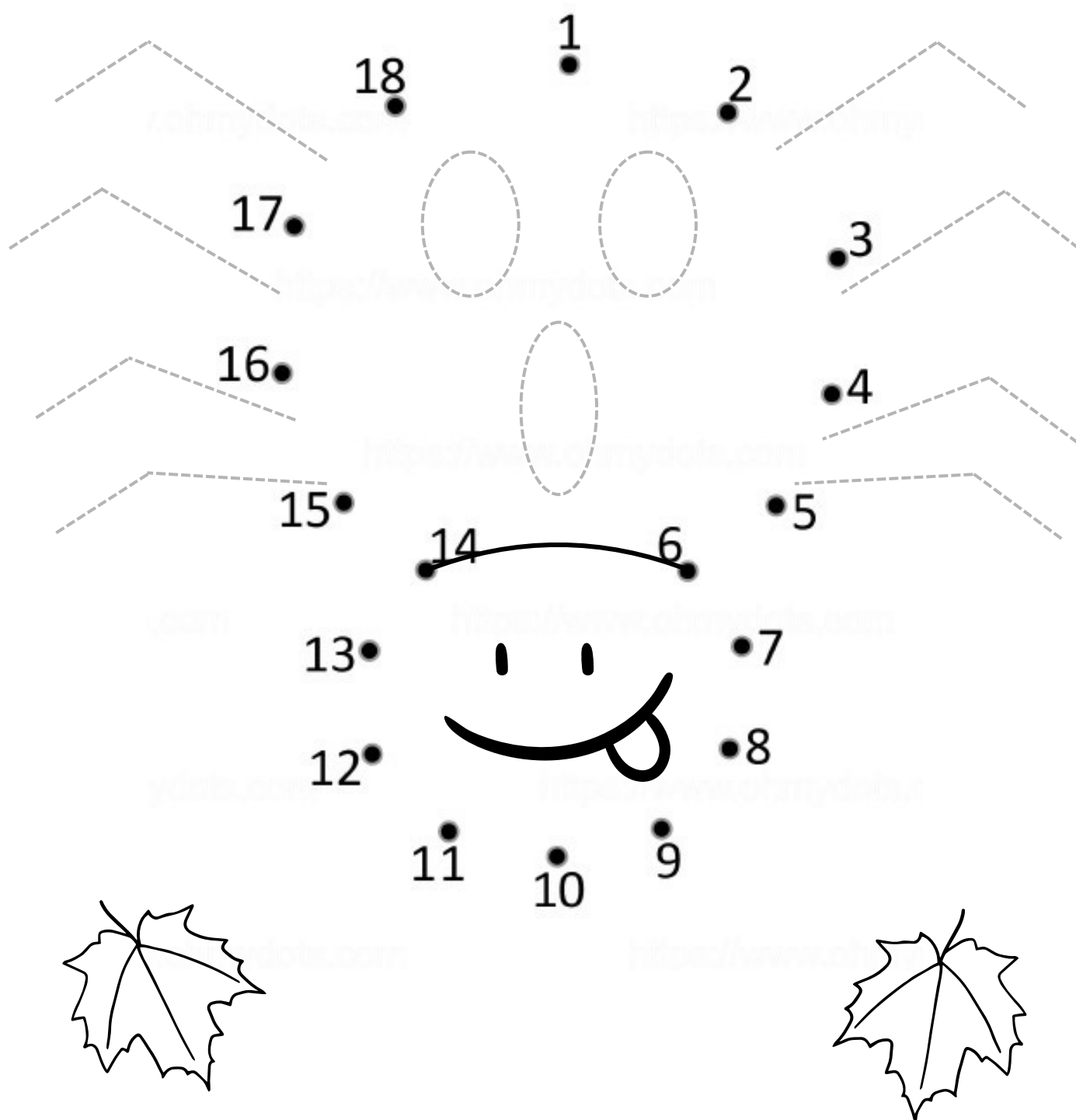
Follow the mushroom spots and think of something fun to do when you feel bored.





Disgusted Spider

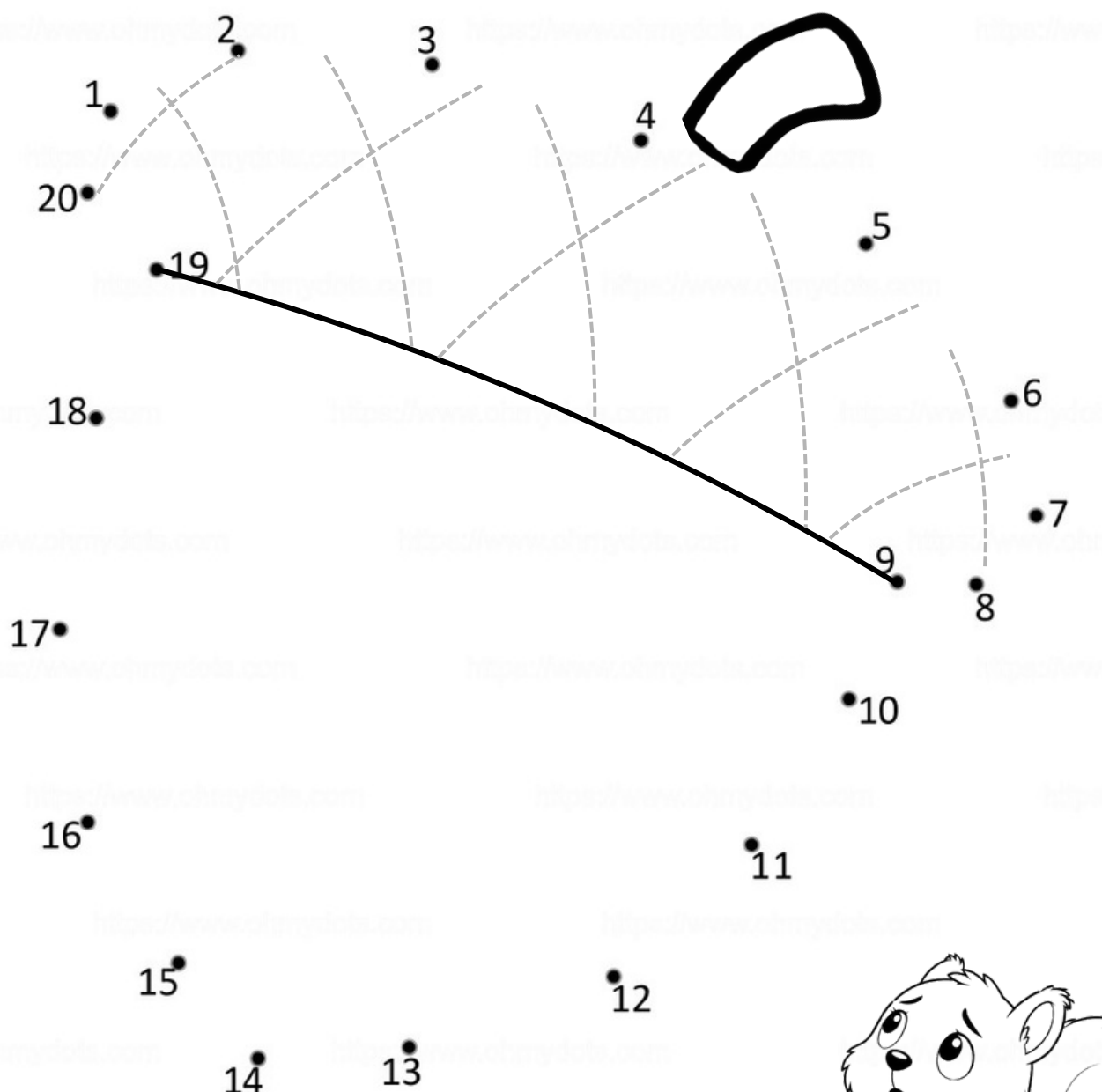
Connect the dots to reveal the spider and think of something that makes you say “eww!”



Worried Squirrel



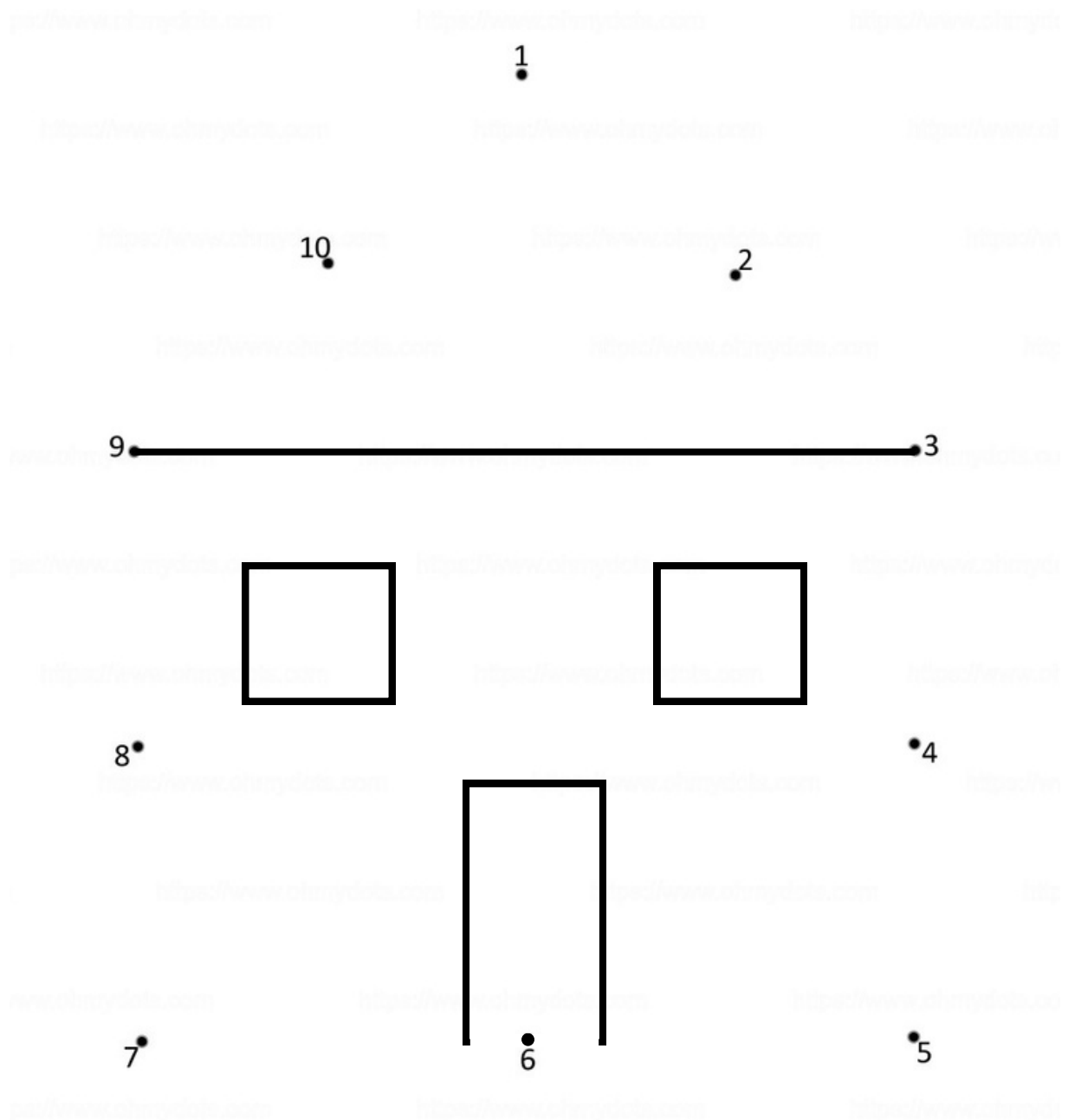
Connect the dots to reveal the acorn and think about the last thing that made you feel worried.





Safe Home

Follow the path home and think about a place where you feel safe.



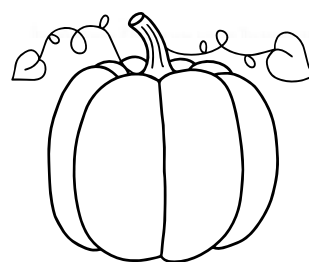
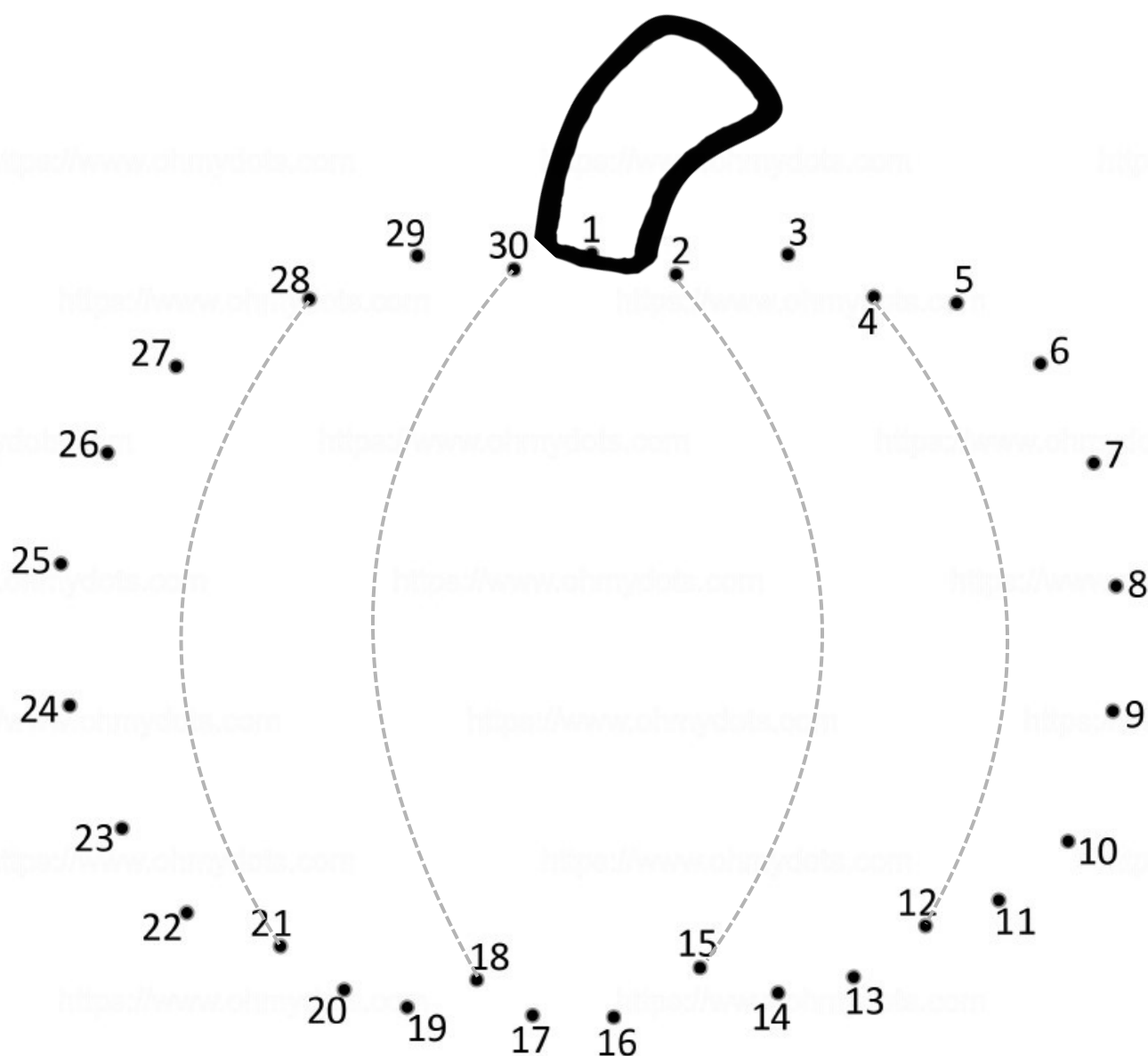
A cartoon illustration of a snail with a light orange body and a large, brown, spiral shell. The snail has two antennae on its head and a small smile.





Gratitude Pumpkin

Follow the pumpkin's lines and think of something you are thankful for today.



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With love,

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School Psychologist

Winter Dot-to-Dot Activities for Kids

Fine Motor + Emotional Skills

Ages (4-6)

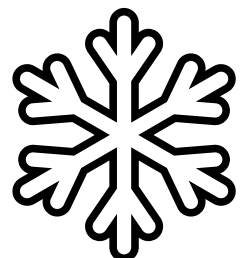
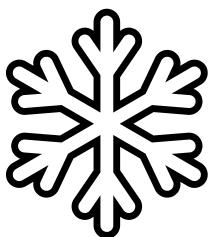
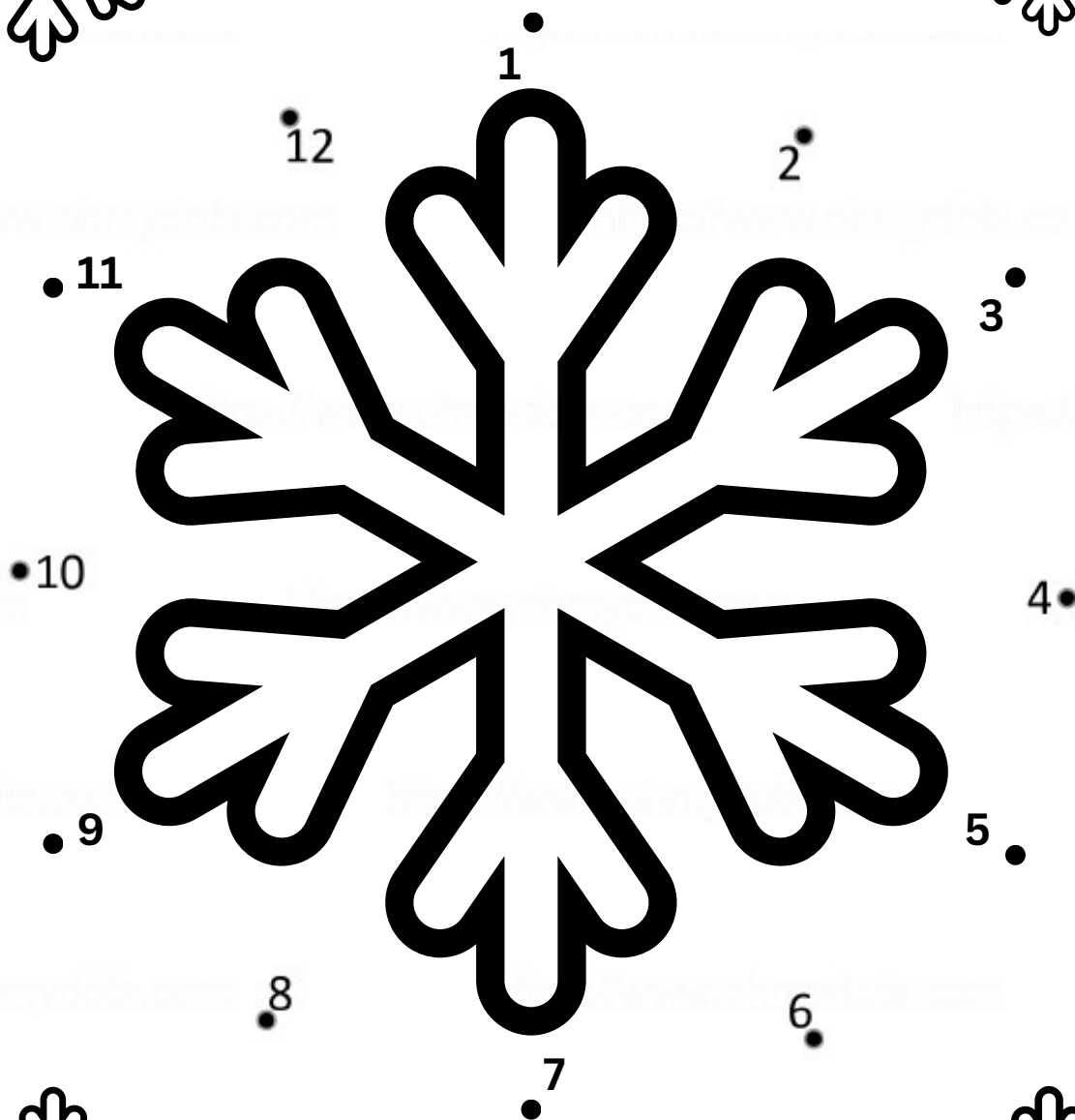
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Happy Snowflake



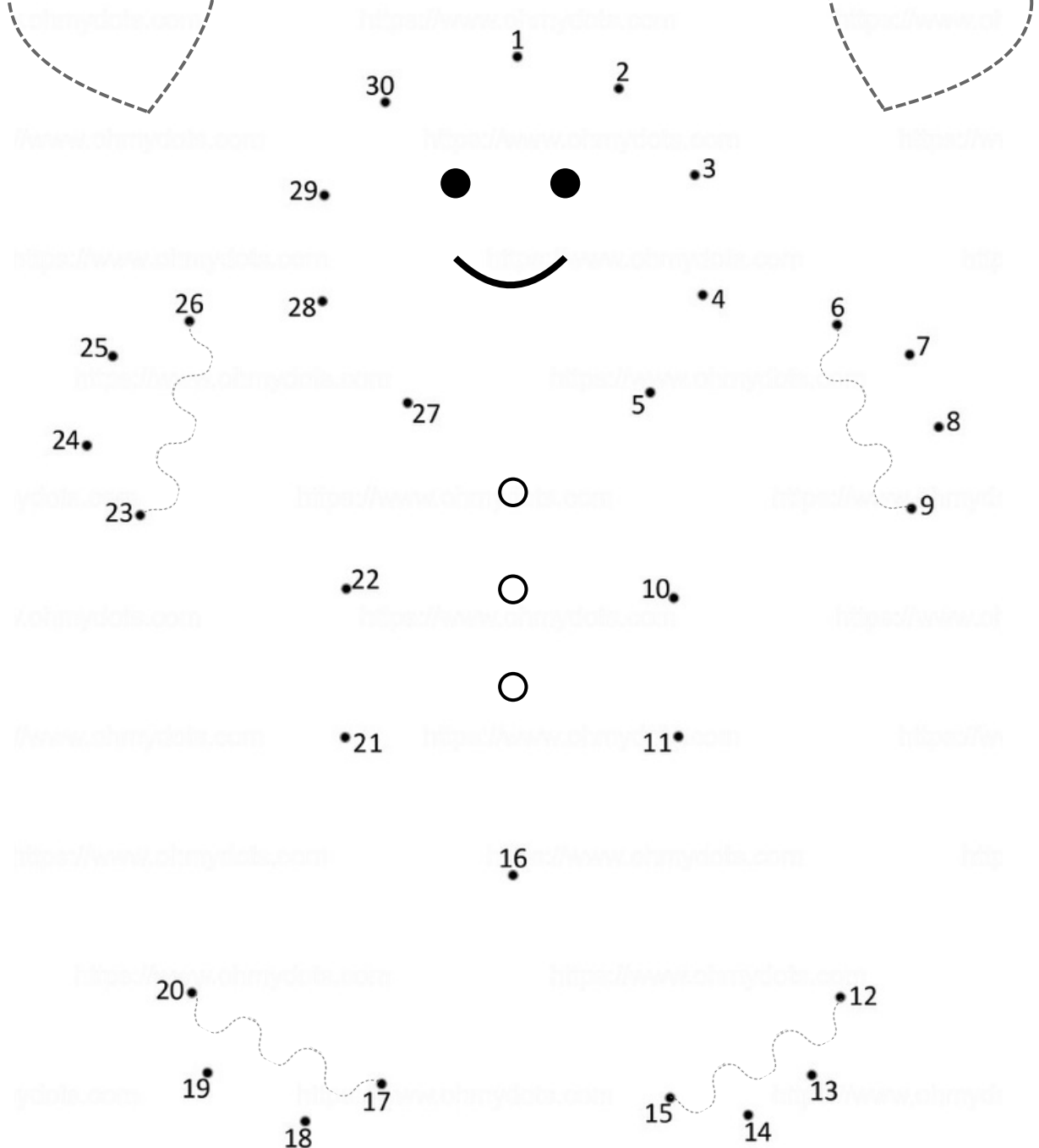
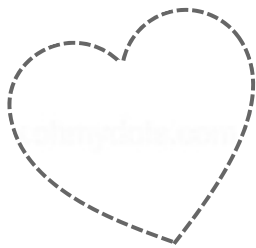
Connect the dots to reveal the snowflake and think of something that made you feel happy today.





Gingerbread in love

Connect the dots to reveal the gingerbread cookie and think of someone you love.



Lonely pine tree



Connect the dots to reveal the pine tree and think about a time you felt lonely.

1

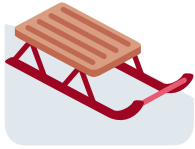
18 3 2 19

16 5 4 17

14 7 6 15

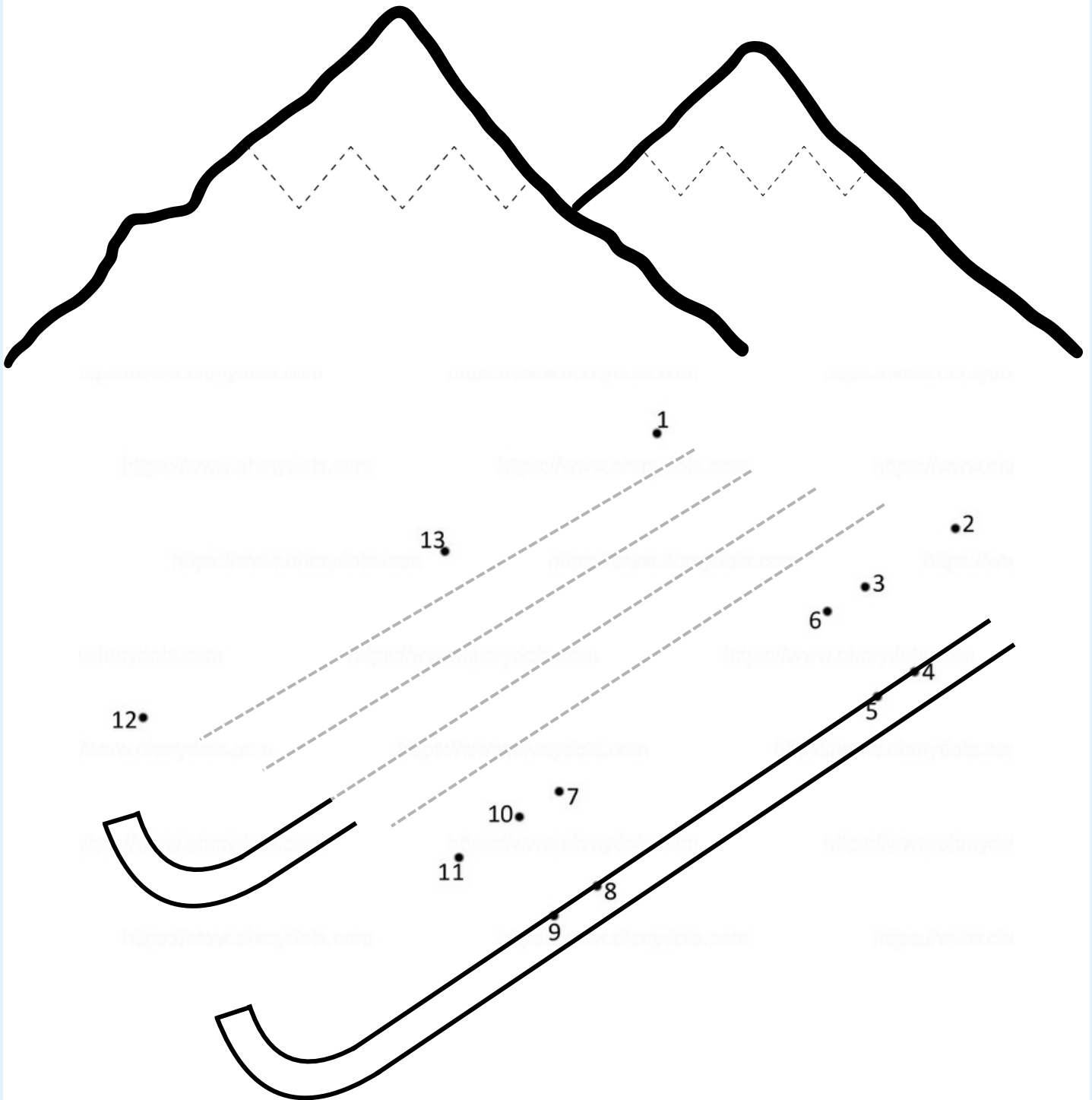
12 9 8 13

11 10



Fear on the sled

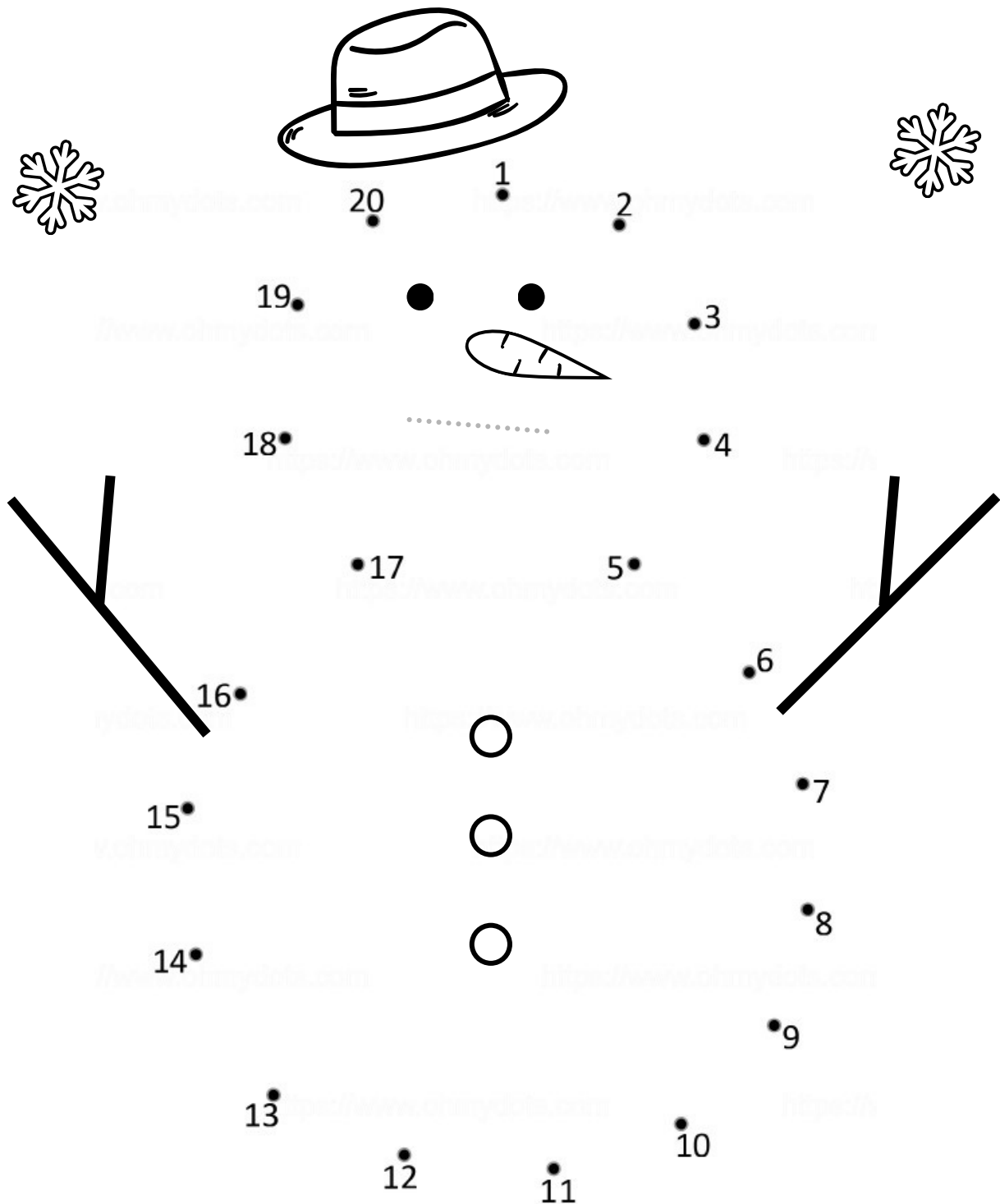
Connect the dots to reveal the sled and think of something that felt a little scary at first.



Jealous snowman

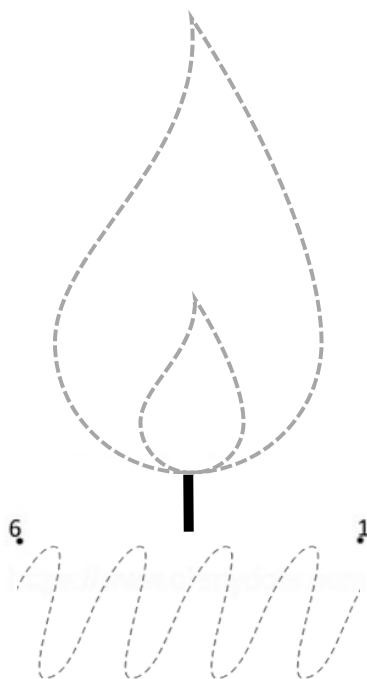


Connect the dots to reveal the snowman and think about a time you wished you had something that someone else had.





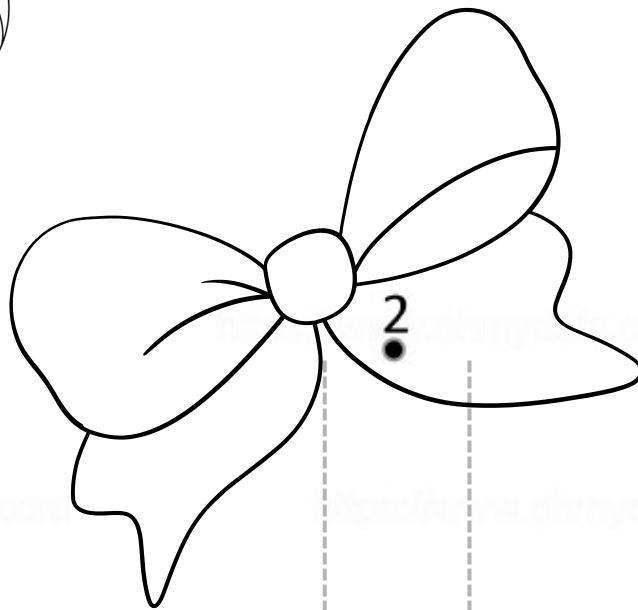
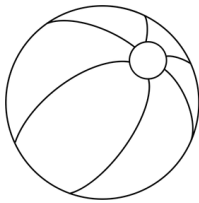
A stylized snowflake icon with six main branches, each ending in a small hook-like shape. The snowflake is white with a thick black outline.



Surprise in the gift



Connect the dots to reveal the gift and think about a surprise you enjoyed.



1.

2.

3.

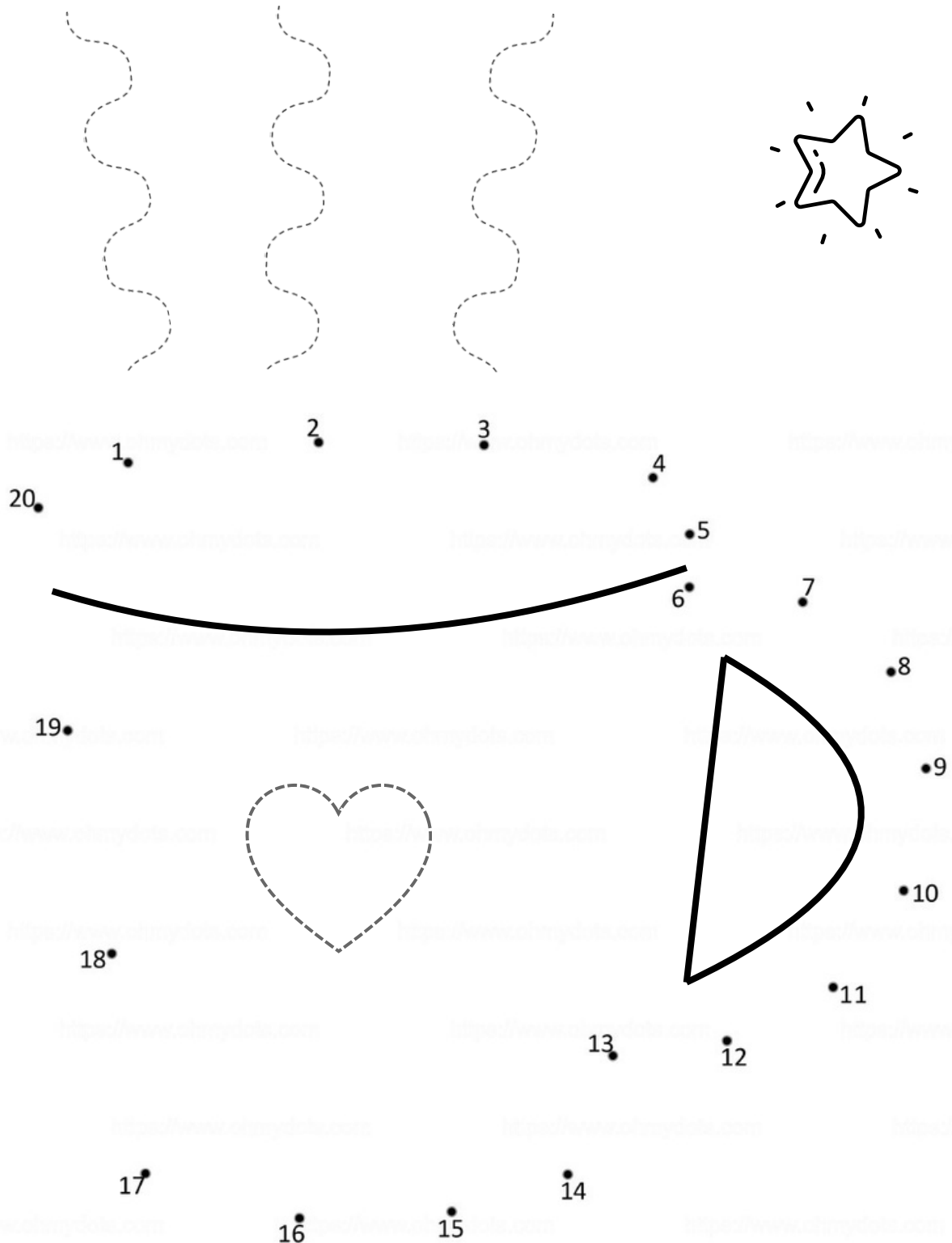
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4.

7.

6.

5.



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