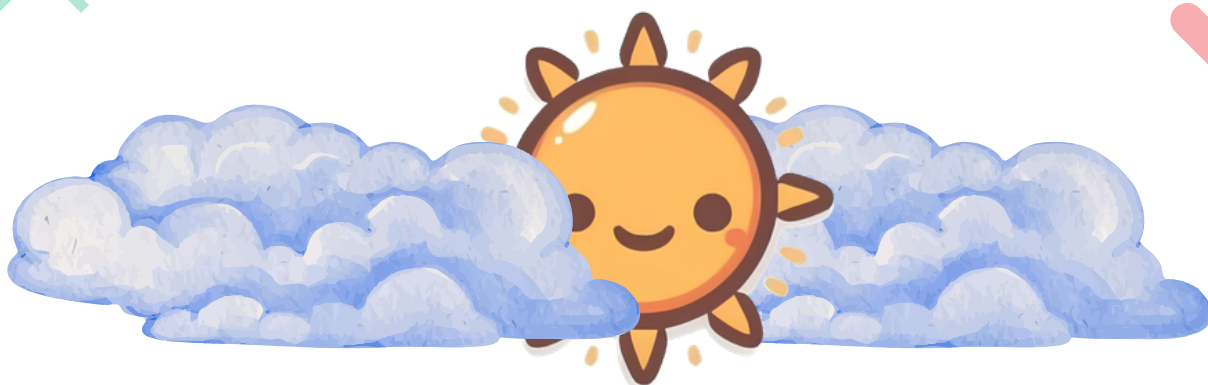




Spring Dot-to-Dot Activities for Kids

Fine Motor + Emotional Skills
Ages (4-6)

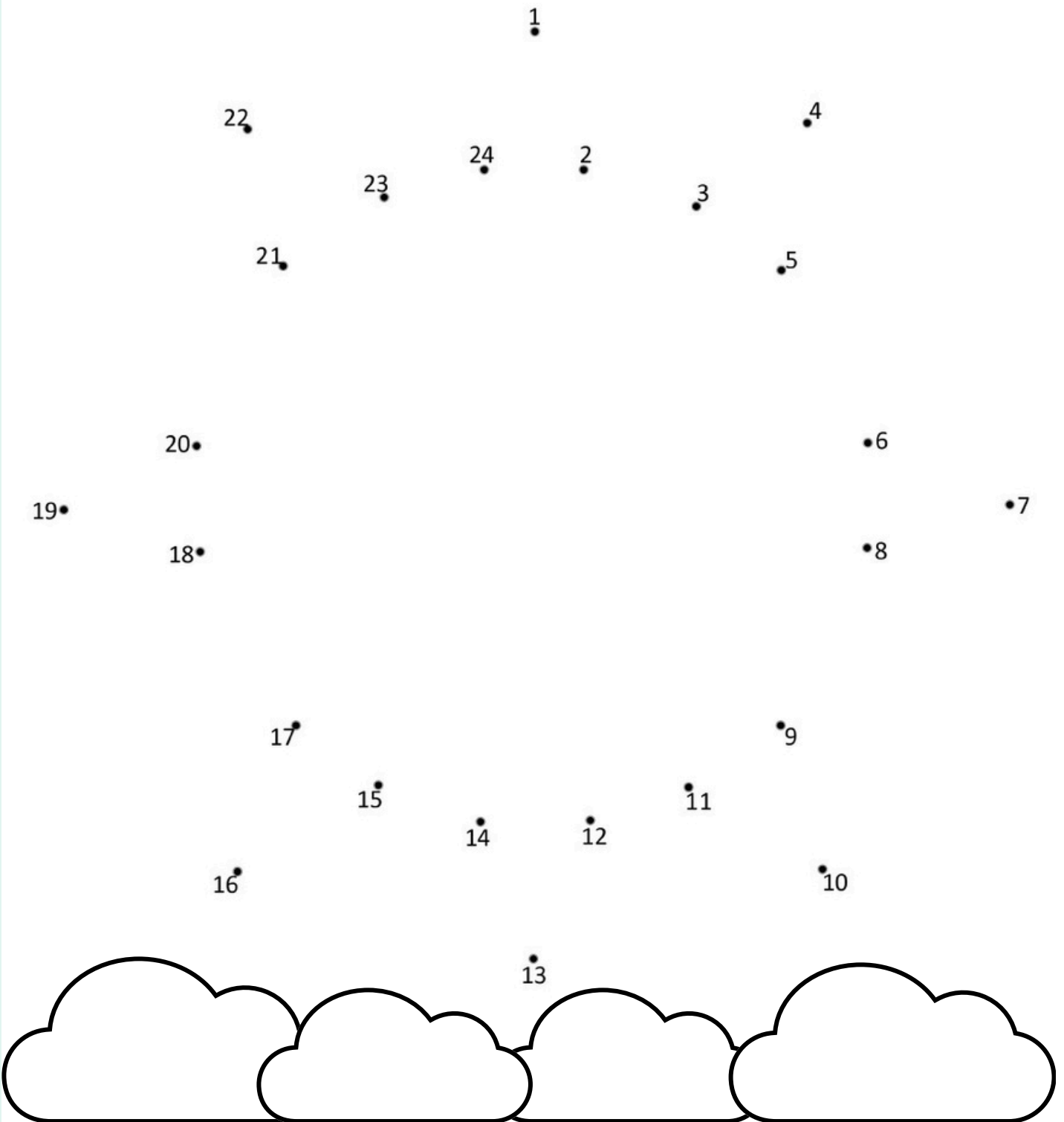
**FREE
PRINTABLE**





Happy Sun

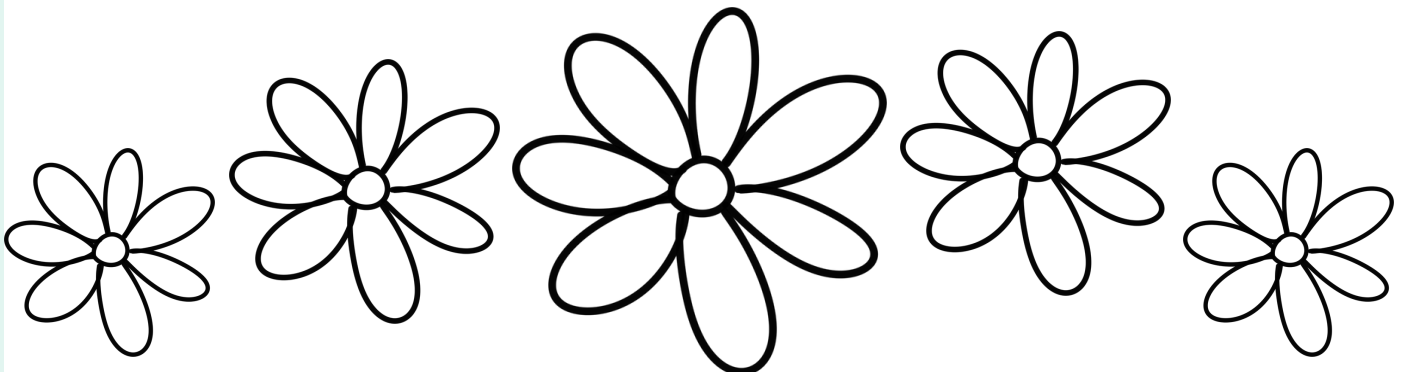
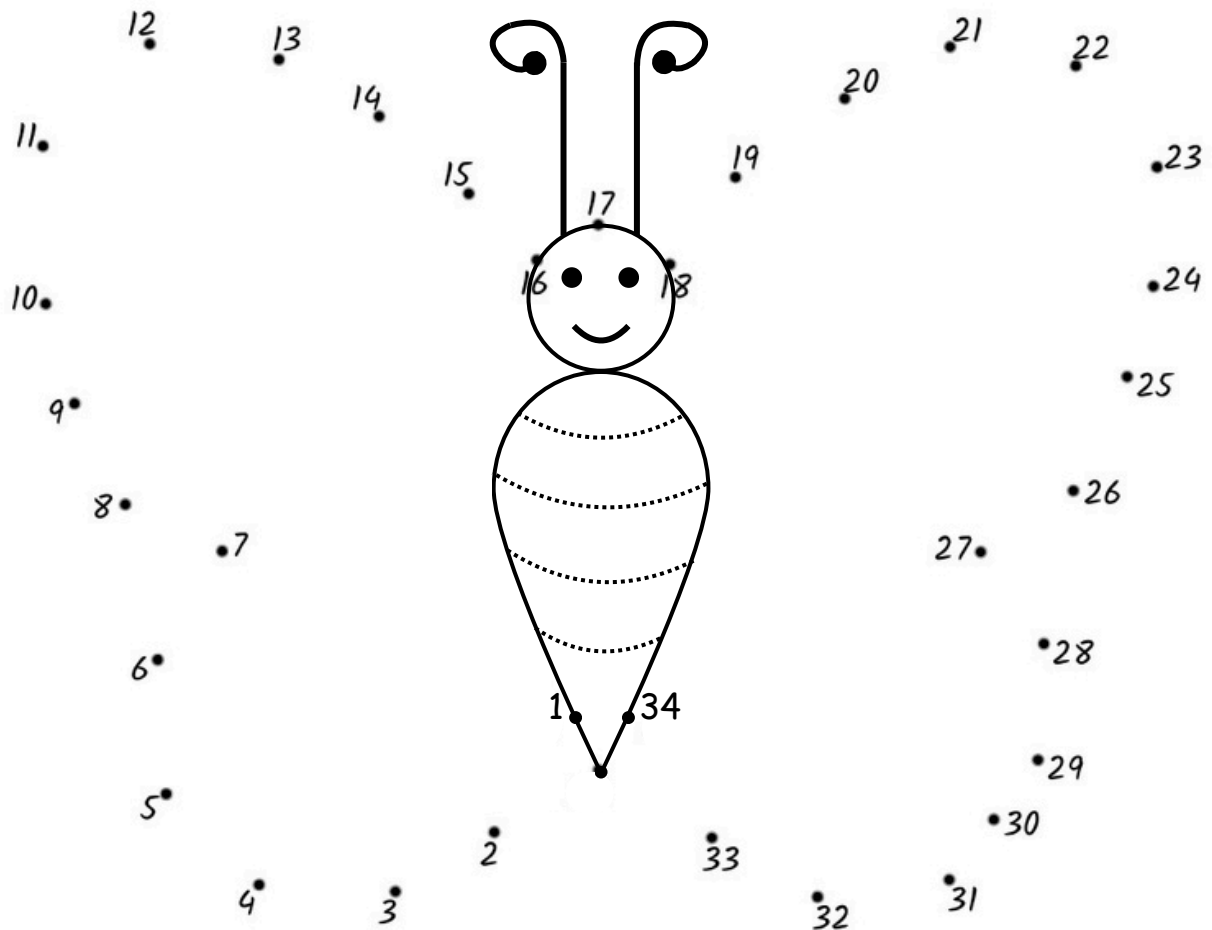
Follow the sun's rays and think of something that makes you smile.





Calm Butterfly

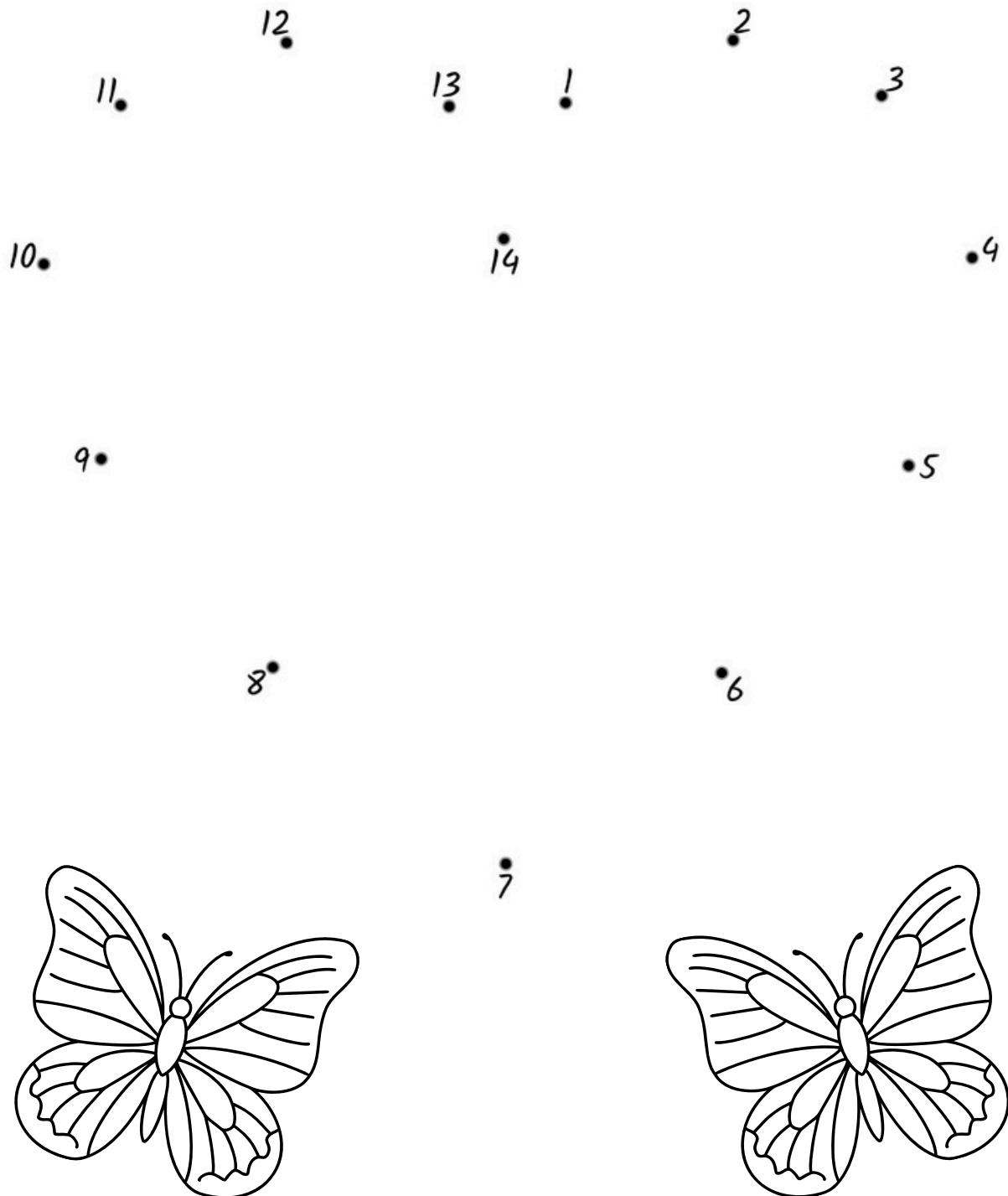
Move like a butterfly—slow and gentle—while you trace the dots.





Loving Heart

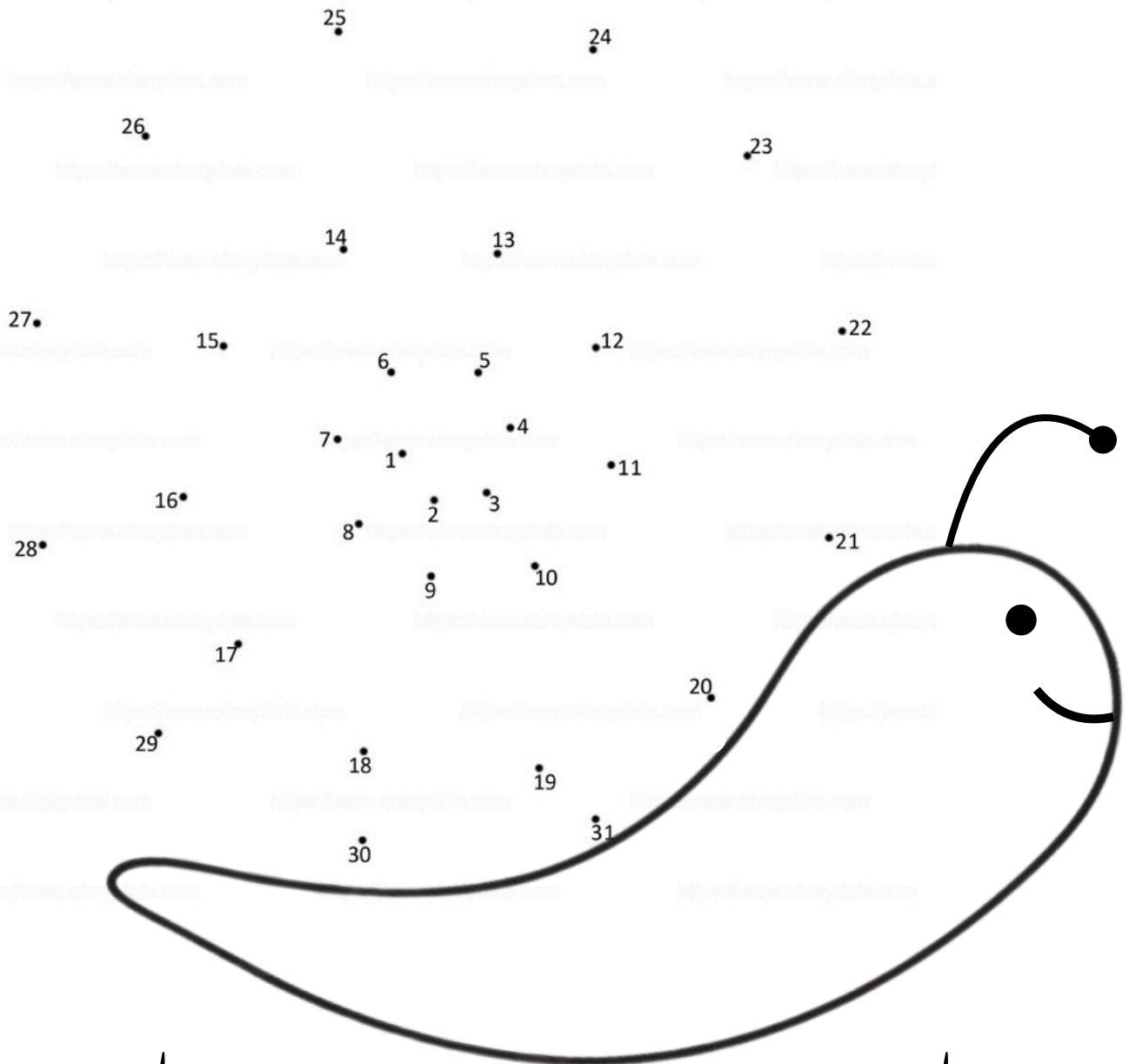
Trace the heart and think of someone you love.





Curious Snail

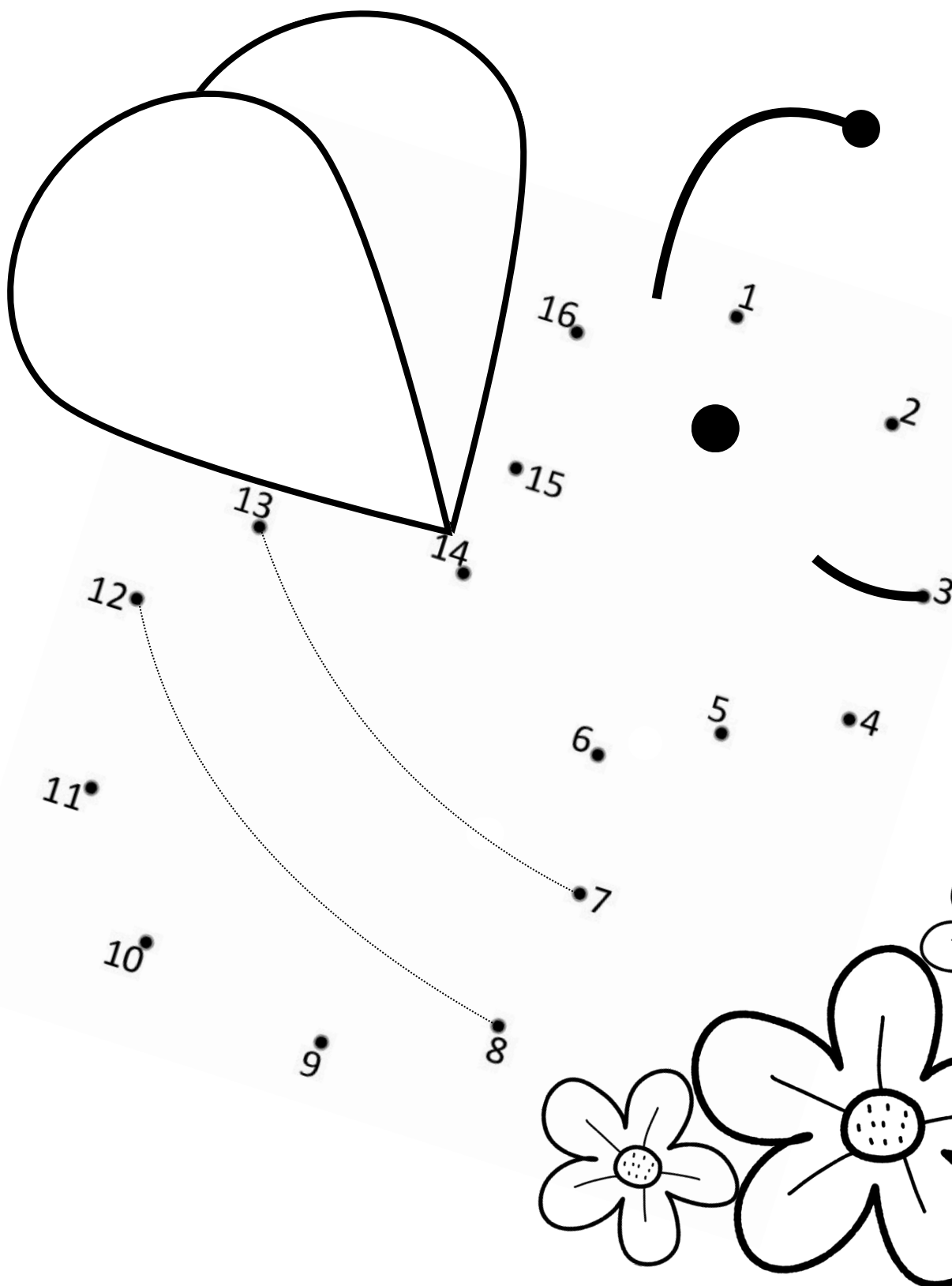
Go slowly like a snail and see what appears.





Brave Bee

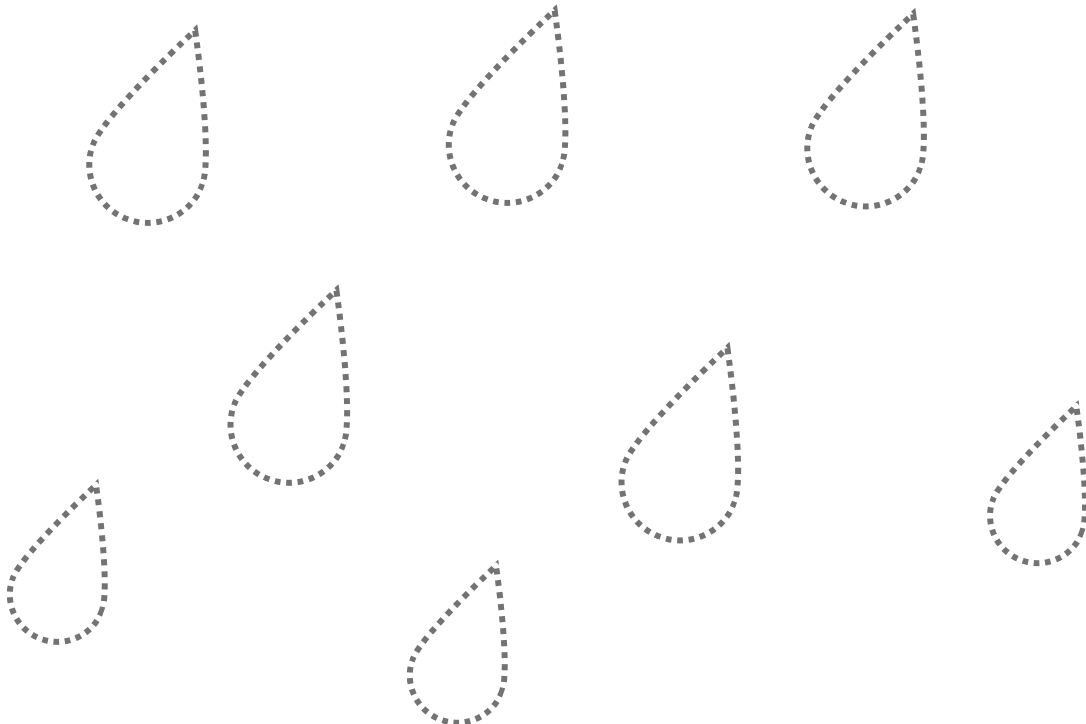
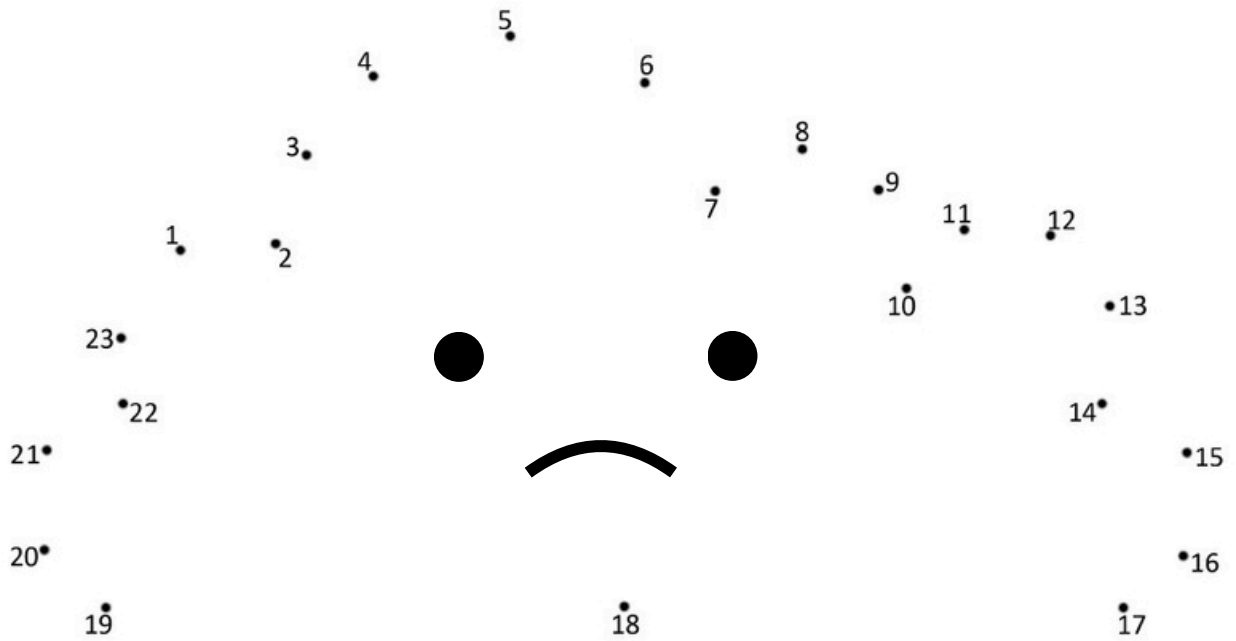
Be brave like a busy bee and keep going, one dot at a time.





Sad Cloud

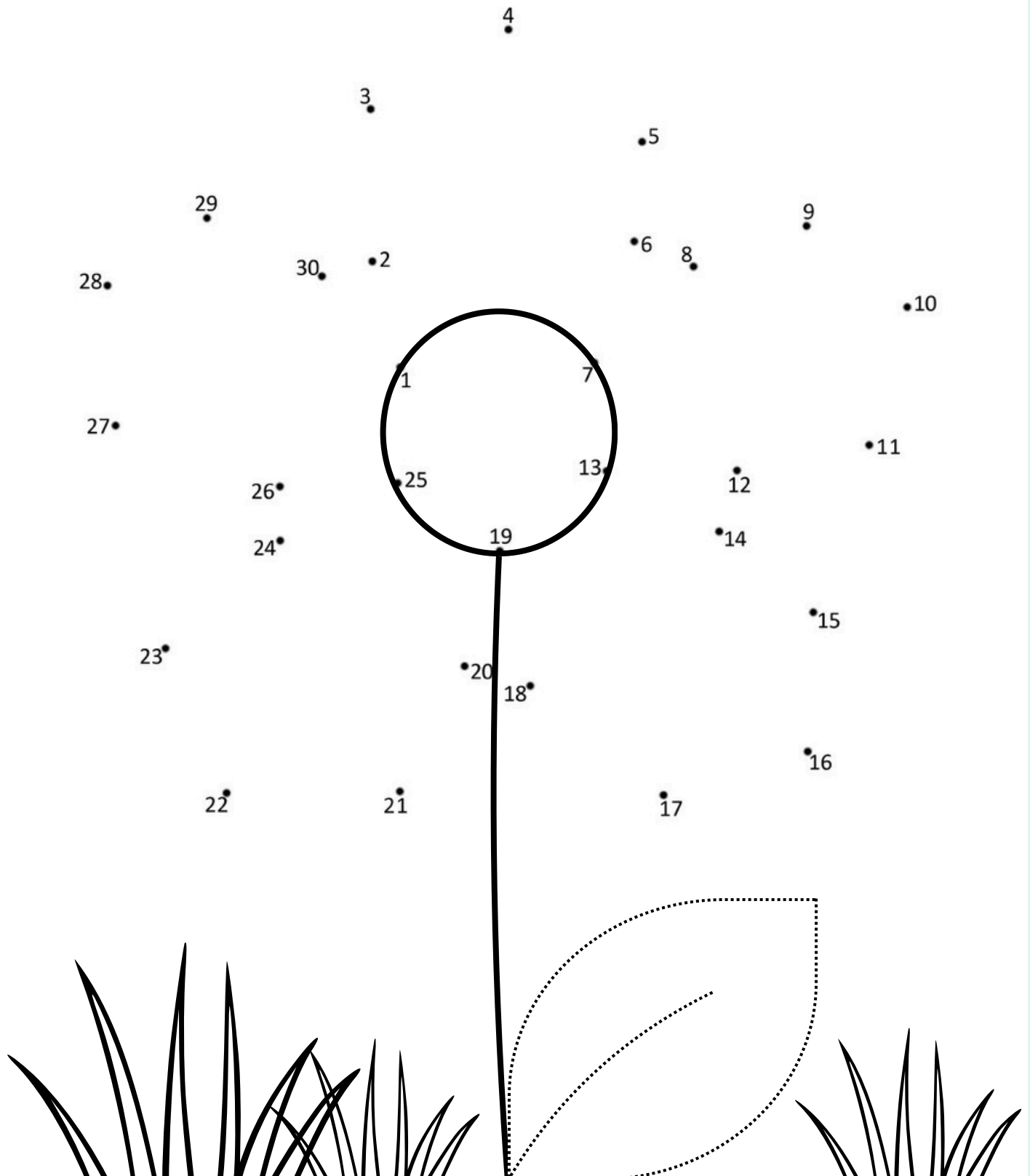
Trace the raindrops and take a slow, gentle breath.





Hopeful Flower

Like a flower growing, keep going one dot at a time.





Proud Star

You did it—shine like a star and smile at your work.

1.

9.

10.

2.

3.

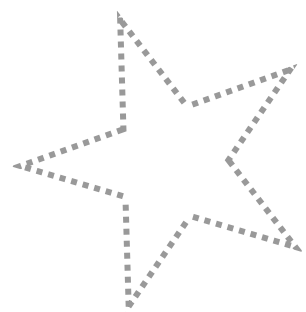
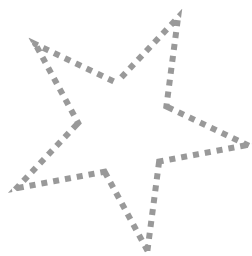
8.

4.

6.

7.

5.



More Seasonal Activities

Coming Soon

This is part of a growing collection of printable activities designed to support children's emotional development through the seasons.

Each set includes new emotions and simple practices.



Summer Edition



Autumn Edition



Winter Edition



Let's Connect!

https://www.pinterest.com/veronikamack_psych

Share the Joy!

I would love to see your little one in action! If you enjoyed these activities, please share a photo of your child's masterpiece on Pinterest or social media.

Don't forget to tag me or use the hashtag #VeronikaMackPsych. Your stories and photos inspire me to create more meaningful resources for our children!

With love,

Veronika Mack

School Psychologist